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Psychology and Social Behavior  
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## **Education**

Habilitation (Venia Legendi), Freie Universität Berlin, 1996.  
Major: Psychology

Postdoctoral Fellow, Max Planck Institute for Human Development and Education, (1984 - 1986).

PhD, University of Strathclyde, 1985.  
Psychology

Pre-doctoral fellow, Max Planck Institute for Human Development and Education, (1983 - 1984).

Graduate studies at the Child Development Research Unit, University of Strathclyde, (1981 - 1983).  
Advisor: Schaffer, H. R.

Diplom (M.A.), Ruhr-Universität Bochum, 1980.  
Major: Psychology

Vordiplom (B.A.), Ruhr-Universität Bochum, 1977.  
Major: Psychology and Philosophy

## **Professional Positions**

Professor, Psychology and Social Behavior, UC Irvine (2000-2015).

Senior Research Scientist, Center for Life-Span Development, Max Planck Institute for Human Development. (1996 - 2000).

Research Scientist, Max Planck Institute for Human Development. (1987 - 1996).

Technical University Berlin and the Free University, Berlin. (1984 - 1986).  
Teaching undergraduate and graduate courses in developmental psychology, motivation, personality, and educational psychology

## **Research Interests**

Life-Span Developmental Psychology  
Motivation  
Primary and Secondary Control Striving  
Developmental Regulation  
Cultural Universals and Differences  
Social Inequality, Motivation, and Health

## Professional Memberships

Society for the Study of Motivation. (2008 - Present).  
Society for Research in Adolescence. (2002 - Present).  
Association of Psychological Science. (1997 - Present).  
American Psychological Association. (1993 - Present).  
Gerontological Society of America. (1991 - Present).  
Deutsche Gesellschaft für Psychologie. (1985 - Present).  
International Society for the Study of Behavioral Development. (1985 - Present).  
Society for Research in Child Development. (1985 - Present).  
Program Review Committee, Melbourne. (2006).  
Program Review Committee, Ghent, Belgium. (2004).  
member 2002-2003, chair 2003-2004, Richard Kalish Innovative Publication Award Committee of the Behavioral and Social Sciences Section of GSA. (2002 - 2004).  
Executive Committee Member Secretary Treasurer, Fachgruppe Entwicklungspsychologie der Deutschen Gesellschaft für Psychologie. (1992 - 1993).

## Awards and Honors

Founding Fellow, International Society for the Study of Behavioral Development (ISSBD). (June 15, 2016 - Present).  
Fellow, Gerontological Society of America (GSA). (November 2012 - Present).  
Humboldt Professor. (1999 - Present).  
Research Fellow, Center for Interdisciplinary Research (ZiF), University of Bielefeld, Germany, University of Bielefeld. (September 10, 2015 - August 30, 2016).  
Baltes Distinguished Research Achievement Award, American Psychological Association. (May 2014).  
UCI Chancellor's Award for Excellence in Fostering Undergraduate Research, UC Irvine. (May 2014).  
UCI Faculty Mentor of the Month, UCI, Undergraduate Research Opportunity Program (UROP). (May 2014).  
Teaching Excellence Award, UCI. (2005).  
The Max Planck Research Award for International Cooperation. (1999).  
Associate member of the John D. and Catherine T. MacArthur Foundation Research Network on Successful Mid-Life Development. (1991 - 1998).  
Fellow at the Center for Advanced Study in the Behavioral Sciences, Stanford. (1995 - 1996).  
Graduate scholarship of the Doctorate Program for Developmental Psychology, Volkswagen-Foundation. (1983 - 1984).  
Graduate scholarship of the German Academic Exchange Service. (1981 - 1983).

## RESEARCH

### Publications

#### Book Chapters, Peer-Reviewed

**Heckhausen, J.** Social inequality across the life course: Societal unfolding and individual agency. In Buchmann, M., Scott, R., Kosslyn, S. (Eds.) *Emerging trends in the social and behavioral sciences*. Hoboken, NJ, USA: Wiley. Accepted.

**Heckhausen, J.**, Shane, J., Kanfer, R. Competence and motivation at work throughout adulthood: Making the most of changing capacities and opportunities. In Elliott, A., Dweck, C. S., Yeager, D. (Eds.) *Handbook of Competence and Motivation (2nd Edition): Theory and Application*. New York, NY, USA: Guilford Press. Accepted.

70%, primary author, wrote most of the text

**Heckhausen, J.** Motivation and lifespan development. In Baumann, N., Goschke, T., Kazén, M., Koole, S., Quirin, M. (Eds.) *Motivation, Volition, and Personality*. Heidelberg, Germany: Springer. Accepted.

Infurna, F. J., Gerstorf, D., Ram, N., **Heckhausen, J.** (2016). Analytic strategies for the study of adaptation to major life events: Making the most of large-scale longitudinal surveys. In Blossfeld, H.-P., von Maucrice, J., Bayer, M., Skopek, J. (Eds.) (Vol. Methodological issues of longitudinal surveys: The example of the National Educational Panel Study, pp. 19-35). Frankfurt, Germany: Springer-Verlag. Accepted.

20% conception of chapter, editing of manuscript

Barlow, M., Wrosch, C., **Heckhausen, J.**, Schulz, R. (2016). Control strategies for managing physical health problems in old age: Evidence for the motivational theory of life-span development. In Infurna, F. J., Reich, J. W. (Eds.) *Perceived control: Theory, research, and practice in the first 50 years* (pp. 281-307). Oxford, UK: Oxford University Press.

20%, secondary author, input to outline of chapter, editing and revisions

**Villarreal, B., Heckhausen, J.** (2016). Control striving and control perception in a lifespan developmental framework. In Infurna, F. J., Reich, J. W. (Eds.) *Perceived control: Theory, research, and practice in the first 50 years* (pp. 252-279). New York, NY, USA: Oxford University Press. Accepted.

40%

Conception of chapter, sections on perception versus striving for control, different functions of control perceptions in different action phases, revisions of earlier drafts

**Heckhausen, J., Shane, J.** (2015). Social mobility in the transition to adulthood: Societal opportunities and constraints for individual agency. In Jensen, L. A. (Ed.) *The Oxford handbook of human development and culture* (Vol. The Oxford Handbook of Human Development and Culture, pp. 535-553). New York, NY, USA: Oxford University Press.

80% I wrote entire chapter, co-author helped with getting literature, compiling reference list, final editing, formatting figures

**Heckhausen, J.**, Shane, J. (2015). How individuals navigate social mobility: Changing capacities and opportunities in careers across adulthood. In Finkelstein, L., Truxillo, D., Fraccaroli, F., Kanfer, R. (Eds.) *Managing an aging workforce: A use inspired approach* (pp. 313-320). Florence, KY, USA: Psychology Press.

80% I wrote most of the chapter, co-author wrote opening section on upward mobility striving in different societies and assisted with reference list

**Heckhausen, J.** (2014). Motivational affordances in school versus work contexts advantage different individuals: A possible explanation for domain-differential gender gaps. In Eccles, J. S., Schoon, I. (Eds.) *Gender differences in aspirations and attainment* (pp. 346-362). London, UK: Cambridge University Press.

**Haase, C. M., Heckhausen, J.** (2012). Motivation and volition. In Schneider, W., Lindenberger, U. (Eds.) *Entwicklungspsychologie* (pp. 477-496). Weinheim, Germany: Beltz.

**Heckhausen, J.** (2011). Agency and control striving across the lifespan. In Fingerman, K., Berg, C., Antonucci, T., Smith, J. (Eds.) *Handbook of lifespan psychology* (pp. 183-212). New York, NY: Springer Publishing Company.

Rook, K. S., Charles, S. T., **Heckhausen, J.** (2010). Aging and health. In Freedman, H. S., Silver, R. C. (Eds.) *Foundations of Health Psychology* (pp. 234-262). Oxford University Press.

**Heckhausen, J.** (2010). Globalization, social inequality, and individual agency in human development: Social change for better or worse? In Silbereisen, R. K., Chen, X. (Eds.) *Social change and human development: Concepts and results* (pp. 148-163). London, UK: Sage.

**Heckhausen, J.** (2007). Soci(et)al scaffolding of individual growth across the life span. In Silbereisen, R. K., Lerner, R. M. (Eds.) *Approaches to positive youth development* (pp. 93-108). London, UK: Sage Publications.

Lang, F. R., **Heckhausen, J.** (2006). Allgemeine Entwicklungspsychologie der Lebensspanne: Begriffe, Theorien und Befunde [Life-span developmental psychology: Concepts, theories, and findings]. In Pawlik, K. (Ed.) *Psychologie* (pp. 277-292). Berlin: Springer.

Glück, J., **Heckhausen, J.** (2006). Entwicklungspsychologie der Lebensspanne: Allgemeine Prinzipien und aktuelle Theorien [Life-span developmental psychology: General principles and current theories]. In Schneider, W., Wilkening, F. (Eds.) *Enzyklopädie der Psychologie, Serie Entwicklungspsychologie. Band 1: Theorie, Modelle und Methoden der Entwicklungspsychologie* (pp. 677-738). Göttingen: Hogrefe.

Wrosch, C., **Heckhausen, J.**, Lachman, M. (2006). Goal management across adulthood and old age: The adaptive value of primary and secondary control. In Mroczek, D., Little, T. (Eds.) *Handbook of personality development* (pp. 399-421). Hillsdale, NJ: Erlbaum.

Lang, F. R., **Heckhausen, J.** (2006). Motivation and interpersonal regulation across adulthood: Managing the challenges and constraints of social contexts. In Hoare, C. (Ed.) *The Oxford handbook of adult development and learning* (pp. 149-166). Oxford, UK: Oxford University Press.

Wrosch, C., **Heckhausen, J.** (2005). Being on-time or off-time: Developmental deadlines for regulating one's own development. In Perret-Clermont, A. N., Barrelet, J. M., Flammer, A.,

Miéville, D., Perret, J. F., Perrig, W. (Eds.) *Thinking time: A multidisciplinary perspective* (pp. 110-123). Ashland, OH, US: Hogrefe & Huber Publishers.

**Heckhausen, J.** (2005). Competence and motivation in adulthood and old age: Making the most of changing capacities and resources. In Elliot, A., Dweck, C. S. (Eds.) *Handbook of competence and motivation* (pp. 240-256). New York, NY: Guilford Press.

Poulin, M., Haase, C., **Heckhausen, J.** (2005). Engagement with and disengagement from goals across the life span: A comparison of two-process models of developmental regulation. In Greve, W., Rothermund, K., Wentura, D. (Eds.) *The adaptive self: Personal continuity and intentional self-development* (pp. 1-19). Göttingen/New York: Hogrefe/Huber Publisher.

Kracke, B., **Heckhausen, J.** (2005). Lebensziele und Bewältigung im Jugendalter [Life goals and coping in adolescence]. In Asendorpf, J. (Ed.) *Enzyklopädie der Psychologie, Serie Entwicklungspsychologie. Band 3: Soziale, emotionale und Persönlichkeitsentwicklung*. Göttingen: Hogrefe.

**Heckhausen, J.** (2005). Psychological approaches to human development. In Johnson, M. (Ed.) *The Cambridge Handbook of Age and Ageing*. Cambridge, UK: Cambridge University Press.

Lang, F. R., **Heckhausen, J.** (2005). Stabilisierung und Kontinuität der Persönlichkeit im Lebensverlauf [Stabilizing and continuity of personality throughout the life course]. In Asendorpf, J. B. (Ed.) *Enzyklopädie der Psychologie, Serie Entwicklungspsychologie. Band 3: Soziale, emotionale und Persönlichkeitsentwicklung* (pp. 525-582). Göttingen: Hogrefe.

**Heckhausen, J.** (2003). The future of life-span developmental psychology: Perspectives from control theory. In Staudinger, U. M., Lindenberger, U. (Eds.) *Understanding human development: Lifespan psychology in exchange with other disciplines* (pp. 383-400). Dordrecht, NL: Kluwer.

Schulz, R., Wrosch, C., **Heckhausen, J.** (2003). The life-span theory of control: Issues and evidence. In Zarit, S., Pearlin, L., Schaie, K. W. (Eds.) *Personal control in social and life course contexts: Societal impact on aging* (pp. 233-262). New York, NY: Springer.

**Heckhausen, J.** (2002). Developmental regulation of life-course transitions: A control theory approach. In Pulkkinen, L., Caspi, A. (Eds.) *Paths to successful development: Personality in the life course* (pp. 257-280). Cambridge, UK: Cambridge University Press.

**Heckhausen, J.** (2001). Adaptation and resilience in midlife. In Lachman, M. E. (Ed.) *Handbook of midlife development* (pp. 345-394). New York, NY: John Wiley.

Glück, J., **Heckhausen, J.** (2001). Kognitive Trainingsstudien im Lebenslauf: Potential und Grenzen der Plastizität [Cognitive training studies over the life span: Potential and limits of plasticity]. In Klauer, K. J. (Ed.) *Handbuch Kognitives Training* (pp. 431-466). Göttingen: Hogrefe.

**Heckhausen, J.** (2000). Developmental regulation across the life span: An action-phase model of engagement and disengagement with developmental goals. In **Heckhausen, J.** (Ed.) *Motivational psychology of human development. Developing motivation and motivating development* (pp. 213-231). Oxford, UK: Elsevier.

**Heckhausen, J.** (2000). Motivational psychology of ontogenesis: An emerging and integrative area of research. In **Heckhausen, J.** (Ed.) *Motivational psychology of human development. Developing motivation and motivating development* (pp. 1-12). Oxford, UK: Elsevier Science.

Schulz, R., **Heckhausen, J.**, O'Brien, A. (2000). Negative affect and the disablement process in late life. A life-span control theory approach. In Manuck, S. B., Jennings, R. et al. (Eds.) *Behavior, health, and aging* (pp. 119-133). Mahwah, NJ: Erlbaum.

**Heckhausen, J.**, Schulz, R. (1999). Selectivity in life-span development: Biological and societal canalizations and individuals' developmental goals. In Brandtstädter, J., Lerner, R. (Eds.) *Action & self-development: Theory and research through the life-span* (pp. 67-103). Thousand Oaks: Sage Publications.

**Heckhausen, J.**, Schulz, R. (1998). Developmental regulation in adulthood: Selection and compensation via primary and secondary control. In Heckhausen, J., Dweck, C. S. (Eds.) *Motivation and self-regulation across the life span* (pp. 50-77). New York, NY: Cambridge University Press.

**Heckhausen, J.**, Mayr, U. (1998). Entwicklungsregulation und Kontrolle im Erwachsenenalter und Alter: Lebenslaufpsychologische Perspektiven [Developmental regulation and control in adulthood and old age: Life-span psychological perspectives]. In Keller, H. (Ed.) *Lehrbuch für Entwicklungspsychologie*. Bern: Huber.

**Heckhausen, J.**, Dweck, C. S. (1998). Introduction: Process-oriented approaches to motivation and self-regulation across the life span. In **Heckhausen, J.**, Dweck, C. S. (Eds.) *Motivation and self-regulation across the life span* (pp. 1-11). New York, NY: Cambridge University Press.

Schulz, R., **Heckhausen, J.** (1997). Emotion and control: A life-span perspective. In Schaie, K. W., Lawton, M. P. (Eds.) *Annual review of gerontology and geriatrics* (Vol. 17, pp. 185-205). New York, NY: Springer.

**Heckhausen, J.**, Lang, F. R. (1996). Social construction in old age: Normative conceptions and interpersonal processes. In Semin, G. R., Fiedler, K. (Eds.) *Applied social psychology* (pp. 374-398). London: Sage.

Huinink, J., Diewald, M., **Heckhausen, J.** (1996). Veränderungen im Erwerbsverlauf nach 1989 und ihr Zusammenhang mit Kontrollüberzeugungen und Kontrollstrategien [Changes in employment patterns after 1989 and their relation to control beliefs and control strategies]. In Diewald, M., Mayer, K. U. (Eds.) *Zwischenbilanz der Wiedervereinigung: Mobilität im Transformationsprozeß* (pp. 251-267). Leverkusen: Leske & Budrich.

**Heckhausen, J., Schulz, R.** (1995). A Nacao de Controle ao Lono Do Curso de Vida. In Neri, A. L. (Ed.) *Psicologia do Envelhecimento: Leituras seleccionadas numa perspectiva de curso de vida* (pp. 159-194). (Reprint from article #J20).

**Heckhausen, J.** (1994). Entwicklungsziele und Kontrollüberzeugungen Ost- und Westberliner Erwachsener [Developmental goals and control beliefs in East- and West-Berlin adults]. In Trommsdorff, G. (Ed.) *Psychologische Aspekte des sozio-politischen Wandels in Ostdeutschland* (pp. 124-133). Berlin: DeGruyter.

Schmidt, H. D., **Heckhausen, J.** (1994). Entwicklungspsychologische Transformationsforschung - Ziele, Grundlagen, Konsequenzen [Transformation research in developmental psychology: Goals, foundations, consequences]. In Trommsdorff, G. (Ed.) *Psychologische Aspekte des sozio-politischen Wandels in Ostdeutschland* (pp. 43-49). Berlin: DeGruyter.

Maciel, A. G., **Heckhausen, J.**, Baltes, P. B. (1994). A life-span perspective on the interface between personality and intelligence. In Sternberg, R. J., Ruzgis, P. (Eds.) *Intelligence and personality* (pp. 61-103). Cambridge, UK: University of Cambridge Press.

**Heckhausen, J.** (1993). The development of mastery and its perception within caretaker-child dyads. In Messer, D. (Ed.) *Mastery motivation in early childhood: Development, measurement and social processes* (pp. 55-79). New York, NY: Routledge.

**Heckhausen, J.** (1991). Adults' expectancies about development and its controllability: Enhancing self-efficacy by social comparison. In Schwarzer, R. (Ed.) *Self-efficacy: Thought control of action* (pp. 107-126). Washington, DC: Hemisphere.

**Heckhausen, J.** (1989). Normatives Entwicklungswissen als Bezugsrahmen zur (Re)Konstruktion der eigenen Biographie [Normative conceptions about development as a frame of reference for (re) constructing one's own biography]. In Alheit, P., Hoerning, E. (Eds.) *Biographisches Wissen: Beiträge zu einer Theorie lebensgeschichtlicher Erfahrung* (pp. 202-282). Frankfurt: Campus.

## Book Sections

**Heckhausen, J., Krueger, J., Baltes, P. B.** (1990). Normative Vorstellungen und Entwicklungsziele im Lebenslauf [Normative conceptions and developmental goals across the life span]. (pp. 809-812). Göttingen: Vandenhoeck & Ruprecht.

## Books Authored

**Heckhausen, J., Heckhausen, H.** (2010). *Motivation und Handeln*. Berlin: Springer-Verlag. (New revised edition).

**Heckhausen, J., Heckhausen, H.** (2010). *Motivation and action*. (2nd ed.). New York, NY, USA: Cambridge University Press. (New revised edition, translated from German).

**Heckhausen, J.**, Heckhausen, H. (2008). *Motivation and action*. New York, NY, USA: Cambridge University Press. (Translated from German).

**Heckhausen, J.**, Heckhausen, H. (2005). *Motivation und Handeln*. Berlin: Springer-Verlag.

**Heckhausen, J.** (1999). *Developmental regulation in adulthood: Age-normative and sociostructural constraints as adaptive challenges*. New York, NY: Cambridge University Press.

### Books Edited

**Heckhausen, J.** (Ed.). (2000). *Motivational psychology of human development: Developing motivation and motivating development*. Oxford, UK: Elsevier.

**Heckhausen, J.**, Dweck, C. S. (Eds.). (1998). *Motivation and self-regulation across the life span*. New York, NY: Cambridge University Press.

### Books Reviewed

**Heckhausen, J.** (2002). [Review of the book *Perrig and Grob's Control of Human Behavior, Mental Processes, and Consciousness*]. 26, 89-90. *International Journal of Behavioral Development*.

**Heckhausen, J.** (2002). Control-related behavior and cognition: An area in need of conceptual structure and clarity. [Review of the book *Control of Human Behavior, Mental Processes, and Consciousness*, by Perrig, W. J., Grob, A. (Eds.)]. 47, 34-36. *Contemporary Psychology*. (reprinted in: *PsyCRITIQUES*, 2004).

### Encyclopedia Articles

Kay, J., **Heckhausen, J.** Motivational theory. Bornstein, M. H., Arterberry, M. E., Fingerman, K. L., Lansford, J. E. (Eds.). *Sage Encyclopedia of Lifespan Human Development*. Thousand Oaks, CA, USA: Sage Publishers. Accepted.

20%, mentored structure of article, revisions

Kay, J., **Heckhausen, J.** Motivational theory of lifespan development. *Encyclopedia of geropsychology*. Singapur: Springer, Science and Business Media. Accepted.

40% conception, directed and helped write major revisions of earlier draft

Villarreal, B., **Heckhausen, J.** (2015). Theory of lifespan development. Wright, J. D. (Ed.). *International encyclopedia of the social and behavioral sciences, 2 ed.*, 100-107. Oxford, UK: Elsevier Science.

30% conception, rewrote sections and directed revisions of earlier draft, editing



**Heckhausen, J.** (2015). Control behavior: Psychological Perspectives. Wright, J. D. (Ed.). *International encyclopedia of the social and behavioral science, 2 ed.*, 812-818. Oxford, UK: Elsevier Science.

Roper-Coleman, S., **Heckhausen, J.** (2006). Adult development. Schulz, R., Noelker, L., Rockwood, K., Sprott, R. L. (Eds.). *Encyclopedia of aging, 5th Edition ed.* New York, NY: Springer Publishing.

Poulin, M., **Heckhausen, J.** (2006). Life-span theory of control. Schulz, R., Noelker, L., Rockwood, K., Sprott, R. L. (Eds.). *Encyclopedia of aging, 5th Edition ed.* New York, NY: Springer Publishing.

**Heckhausen, J.** (2006). Midlife crisis. Schulz, R. (Ed.). *The Encyclopedia of Aging, 4th Edition ed.* New York, NY: Springer Publishing. (updated version of article In: D. J. Ekerdt, R. A. Applebaum, K. C. Holden, S. G. Post, K. Rockwood, R. Schulz, R. L. Sprott, and P. Uhlenberg, (Eds.). *Encyclopedia of Aging.* New York, NY: Macmillan Reference USA).

Sorkin, D., **Heckhausen, J.** (2006). Motivation. Schulz, R., Noelker, L., Rockwood, K., Sprott, R. L. (Eds.). *Encyclopedia of aging, 5th Edition ed.* New York, NY: Springer Publishing.

**Heckhausen, J.** (2002). Life-span theory of control. Ekerdt, D. J., Applebaum, R. A., Holden, K. C., Post, S. G., Rockwood, K., Schulz, R., Sprott, R. L., Uhlenberg, P. (Eds.). *Encyclopedia of Aging.* New York, NY: Macmillan Reference USA.

**Heckhausen, J.** (2002). Midlife crisis. Ekerdt, D. J., Applebaum, R. A., Holden, K. C., Post, S. G., Rockwood, K., Schulz, R., Sprott, R. L., Uhlenberg, P. (Eds.). *Encyclopedia of Aging.* New York, NY: Macmillan Reference USA.

**Heckhausen, J.** (2001). Control behavior: Psychological perspectives. Smelser, N. J., Baltes, P. B. (Eds.). *International Encyclopedia of the Social and Behavioral Sciences, 4*, 2719-2724. Oxford: Elsevier Science.

**Heckhausen, J.**, Singer, T. (2001). Plasticity in human behavior across the lifespan. Smelser, N. J., Baltes, P. B. (Eds.). *International Encyclopedia of the Social and Behavioral Sciences, 17*, 11497-11501. Oxford: Elsevier Science.

Schulz, R., **Heckhausen, J.**, Williamson, G. M. (1995). Aging. Manstead, A. S. R., Hewstone, M. (Eds.). 20-24. Oxford, UK: Blackwell Publishers.

**Heckhausen, J.** (1994). Life-span development. Husen, T., Postlethwaite, T. N. (Eds.). *The international encyclopedia of education, 2nd ed. ed.*, 161-163. Oxford & New York, NY: Pergamon Press.

## Journal Articles, Peer-Reviewed

Shane, J., **Heckhausen, J.** Accepted.

40%, seni

Shane, J., **Heckhausen, J.** It's only a dream if you wake up: Young adults' SES expectations, opportunities, and meritocratic beliefs in the aftermath of the Great Recession. *International Journal of Psychology*. Revising to Resubmit.

30%, senior author, idea for article, strategy for analyses, drafted sections of introduction and discussion, revisions

Kay, J. S., Shane, J., **Heckhausen, J.** (2016). High-school predictors of university achievement: Youths' self-reported relationships with parents, beliefs about success, and university aspirations. *Journal of Adolescence*, 53, 95-106.

30%, senior author, mentoring for article idea and strategy for analyses, guidance with refinement of analyses and write-up, editing and revisions of manuscript

Kriegbaum, K., Villarreal, B., Shane, J., **Heckhausen, J.** (2016). Parents still matter: Patterns of shared agency with parents predict college students' academic motivation and achievement. *Motivation Science*, 2, 97-115.

30%, idea and design of study, strategy and refinement of analyses, write-up and revisions

Hamm, J., Perry, R. P., Chipperfield, J. G., **Heckhausen, J.**, Parker, P. C. (2016). A motivation-enhancing treatment for young adults navigating life-course transitions: Sustaining goal engagement and improving performance. *Motivation and Emotion*, 40, 814-829.

30%, study idea, design for training, guidance for analyses, collaborated on writing and revising

Shane, J., **Heckhausen, J.** (2016). Optimized Engagement Across Life Domains in Adult Development: Balancing Diversity and Interdomain Consequences. *Research in Human Development*, 13, 280-296.

30% co-created idea and developed analyses

Wrosch, C., **Heckhausen, J.** (2016). Introduction to the Special Section on Motivational Self-Regulation Across the Lifespan. *International Journal of Behavioral Development*, 40, 97-99. (online published ahead of print).

30% I discussed conception of article, wrote sections on Eccles & Wang, Shane & Heckhausen, Brandstätter & Herrmann, and Robinson, Rickenbach & Lachman

**Heckhausen, J.**, Wrosch, C. (2016). Challenges to developmental regulation across the life course: What are they and which individual differences matter? *International Journal of Behavioral Development*, 40, 145-150. (online published ahead of print).

80% conception of article, wrote entire manuscript except for sections on dispositional optimism and goal disengagement capacities

Infurna, F. J., Wiest, M., Gerstorf, D., Ram, N., Schupp, J., Wagner, G. G., **Heckhausen, J.** (2016). Changes in life satisfaction when losing one's spouse: Individual differences in anticipation, reaction, adaptation, and longevity in the German Socio-Economic Panel Study (SOEP). *Aging and Society*, 1-36. Accepted.

30%, developed model for conceptualization and analyses, wrote parts of manuscript, editing

**Shane, J., Heckhausen, J.** (2016). For better or worse: Young adults' opportunity beliefs and motivational self-regulation during career entry. *International Journal of Behavioral Development*.

30% major to conception of study, analyses, and article, revising of various sections in introduction and discussion

Schilling, O., Wahl, H.-W., Boerner, K., Horowitz, A., Reinhardt, J., Cimarolli, V., Brennan-Ing, M., **Heckhausen, J.** (2016). Developmental regulation with progressive vision loss: Use of control strategies and affective well-being. *Developmental Psychology*, 52, 679-694.

20% provided conceptual guidance, initiated and contributed to major revisions

Infurna, F. J., Gerstorf, D., Ram, N., Schupp, J., Wagner, G. G., **Heckhausen, J.** (2016). Maintaining perceived control with unemployment facilitates future adjustment. *Journal of Vocational Behavior*, 93, 103-119.

30% senior author, conceptual idea for analyses and article, guidance on analyses, wrote sections of introduction and discussion

Villarreal, B. J., **Heckhausen, J.**, Lessard, J., Greenberger, E., Chen, C. (2015). High-school seniors' short-term educational expectations: Do the costs of failing one's expectations outweigh the benefits of ambitious expectations? *Journal of Adolescence*, 45, 327-340.

40% conception of paper, long-standing project, several initiatives and planning for reanalyses, several rewrites, helped with major revisions after reviewer feedback

Hamm, J. M., Perry, R. P., Chipperfield, J. G., Stewart, T. L., **Heckhausen, J.** (2015). Motivation-focused thinking: Buffering against stress-related physical symptoms and depressive symptomatology. *Psychology and Health*, 30, 1326-1345.

30% conception of study in terms of focus on selective secondary control, helped plan analyses, revisions of earlier drafts, and response to reviewer feedback

Knoll, N., Wiedemann, A. U., Schrader, M., Felber, J., Burkert, S., Daig, I., **Heckhausen, J.** (2015). Calibrating independence goals and partner support: Couples adjust to functional limitations after tumor surgery. *Applied Psychology: Health and Well-Being*, 7, 167-187. doi: 10.1111/aphw.12043.

40% conception of study in the framework of my lines-of-defense model, planning of analyses and paper, major revisions and extensive editing, helped with revisions in response to reviewer feedback

Hamm, J. M., Chipperfield, J. G., Perry, R. P., **Heckhausen, J.**, Mackenzie, C. S. (2014). Conflicted goal engagement: Undermining physical activity and health in late life. *The Journals of Gerontology: Psychological Sciences*, 69, 533-542.

20% major input to conception of paper, revisions of earlier drafts, and response to reviewer feedback

Knoll, N., Wiedemann, A. U., Schultze, M., Schrader, M., **Heckhausen, J.** (2014). Prostate cancer patients gradually advance goals for rehabilitation after radical prostatectomy: Applying a Lines-of-Defense Model to rehabilitation. *Psychology and Aging*, 29, 787-792.

40% conception of the study following my lines-of-defense model, analyses, write-up; several meetings and calls about re-analyses, wrote several sections in the context of rewrites and responses to reviewers

Gerstorf, D., **Heckhausen, J.**, Ram, N., Infurna, F., Schupp, J., Wagner, G. G. (2014). Perceived personal control buffers terminal decline in well-being. *Psychology and Aging*, 29, 612-625.

40% I initiated plan for analyses, several meetings and conference calls about analyses, conception of paper, wrote sections on control beliefs as predictors of successful aging and control and late-life well-being trajectories, as well as parts of the discussion section

**Heckhausen, J.**, Wrosch, C., Schulz, R. (2013). A lines-of-defense model for managing health threats: A review. *Gerontology*, 59, 438-447.

90% contribution

I wrote entire article, co-authors commented on and edited final version

Grüner, S., Silbereisen, R. K., **Heckhausen, J.** (2013). Subjective well-being in times of social change: Congruence of control strategies and perceived control. *International Journal of Psychology*, 48, 1267-1283.

30% contribution

Conception of study and write-up; helped with extensive revisions of earlier drafts and responses to reviewer feedback

**Heckhausen, J.**, Chang, E. E., Greenberger, E., Chen, C. (2013). Striving for educational and career goals during the transition after high school: What is beneficial? *Journal of Youth and Adolescence*, 42, 1385-1398.

70% contribution

Steward, T. L., Chipperfield, J. G., Ruthig, J. C., **Heckhausen, J.** (2013). Downward social comparison and subjective well-being in late life: The moderating role of perceived control. *Aging and Mental Health*, 17, 375-385.

20% contribution

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20% contribution

Haase, C., **Heckhausen, J.**, Wrosch, C. (2013). Developmental regulation across the life span: Toward a new synthesis. *Developmental Psychology*, 49, 964-972.

40% contribution

Shane, J., **Heckhausen, J.** (2013). University students' causal conceptions about social mobility: Diverging pathways for believers in personal merit and luck. *Journal of Vocational Behavior*, 82, 10-19.

30% contribution

Shane, J., **Heckhausen, J.** (2012). Motivational self-regulation in the work domain: Congruence of individuals' control striving and the control potential in their developmental ecologies. (Ed.). *Research in Human Development*, 9, 337-357.

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30% contribution

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20% contribution

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20% co-author

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primary contributor, 80%

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## Reprints

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## Research Reports

Schöllgen, I., Gerstorf, D., **Heckhausen, J.** (2014). *Control Strivings in the Socio-Economic Panel (SOEP)* (Research Report). SOEP papers on Multidisciplinary Panel Data Research. Berlin, Germany: German Institute for Economic Research (DIW).

40% conception of study, analyses, and article; various sections throughout article in context of extensive revisions

## Special Issue Articles

**Heckhausen, J.** (2002). Transition from school to work: Societal opportunities and the potential for individual agency. *Journal of Vocational Behavior*, 60.

## Presentations Given

"Motivation and social mobility across the lifespan: Potential and limits of individual agency", **Heckhausen, J.** Invited lecture, Department of Psychology, Friedrich-Alexander University of Erlangen-Nürnberg, Erlangen, Germany. (Invited lecture). (July 2016).

"Does the importance of personality vary across different societies? The case of agency", **Heckhausen, J.** ZiF Research Group Conference: Interdisciplinary Perspectives on Genetic and Social Causes of Life Chances, Zentrum für Interdisziplinäre Forschung (ZiF, Center for Interdisciplinary Research), Bielefeld, Germany. (Invited presentation). (July 2016).

"Motivation and social mobility across the lifespan: Individual agency and individual differences", **Heckhausen, J.** Guest lecture in Personality and Social Psychology, University of Jena, Germany, Friedrich--Schiller University Jena, Germany. (Invited lecture). (June 2016).

"Motivation and social mobility across the lifespan: Potential and limits of individual agency", **Heckhausen, J.** Invited lecture, Department of Psychology, Westfälische-Wilhelms-University Münster, Münster, Germany. (Invited lecture). (June 2016).

"Windows of opportunity for individual agency across the life course: Enacting and counteracting social inequality", **Heckhausen, J.** Cicero Learning Guest Lecture Series, University of Helsinki, Finland, University of Helsinki, Finland, Helsinki, Finland. (Invited lecture). (May 2016).

"Academic stress, motivation, and mental and physical health in university students", **Heckhausen, J. (4th presenter)**. 96th Annual Meeting of the Western Psychological Association, Western Psychological Association, Long Beach, CA. (Poster). With Limas, I., Villarreal, B., Cross, M. (April 2016).

- "Motivation and employment in community college students", **Heckhausen, J. (6th presenter)**. 96th Annual Meeting of the Western Psychological Association, Western Psychological Association, Long Beach, CA. (Poster). With Merino, M., Hernandez, G., Golbodaghi, A., Yau, P., Villarreal, B. (April 2016).
- "A qualitative analysis of psychological factors that influence transfer student motivation", **Heckhausen, J. (4th presenter)**. Annual Meeting of the Western Psychological Association, Western Psychological Association, Long Beach, CA. (Poster). With Kim, K., Tibbetts, V., Villarreal, B. (April 2016).
- "Lifespan development of social inequality: Agency in SES-stratified fields of action", **Heckhausen, J.** ZiF Research Group Workshop: Social and Genetic Contributions to the Intergenerational Transmission of Advantage and Disadvantage, Zentrum für Interdisziplinäre Forschung (ZiF, Center for Interdisciplinary Research), Bielefeld, Germany. (Invited presentation). (March 2016).
- "Good for me, bad for you: Couples use compensatory control to manage incontinence", **Heckhausen, J.** 68th Annual Meeting of the Gerontological Society of America., Orlando, FL. Peer Reviewed. (Paper). With Knoll, N., Wiedemann, A. (November 2015).
- "Life-course transitions as agency-relevant phases of life: When individual dispositions matter most", **Heckhausen, J.** ZiF Research Group Conference: Interdisciplinary Perspectives on Genetic and Social Causes of Life Chances, Zentrum für Interdisziplinäre Forschung (ZiF, Center for Interdisciplinary Research), Bielefeld, Germany. (Invited presentation). (October 2015).
- "Zielengagement und Zielablösung im Arbeitskontext [Goal engagement and goal disengagement in the work context]", **Heckhausen, J.** 9th Tagung der Fachgruppe Arbeits-, Organisations- und Wirtschaftspsychologie der Deutschen Gesellschaft für Psychologie, Mainz, Germany. Peer Reviewed. (Paper). With Schöllgen, I., Gerstorf, D. (September 2015).
- "Motivation and lifespan development: Individual agency in the transition to adulthood", **Heckhausen, J.** Berlin Interdisciplinary Research Network, German Institute for Economic Research, Deutsches Institut für Wirtschaftsforschung (DIW, German Institute for Economic Research), Berlin, Germany. (Invited Address). (September 2015).
- "A motivational theory of lifespan development", **Heckhausen, J.** 123th Annual Convention of the American Psychological Association, Toronto, CA. (Invited address). (August 2015).
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- "Motivation, self-regulation, and individual agency in higher-education goal pursuit", **Heckhausen, J.** 22nd Annual University of California, Irvine Undergraduate Research Symposium, Irvine, CA. (Poster). With Hernandez, G., Limas, I., Merino, M., Wang, Y., Villarreal, B. (May 2015).
- "The role of congruent motives in community college student success", **Heckhausen, J.** 22nd Annual University of California, Irvine Undergraduate Research Symposium, Irvine, CA. (Poster). With Lee, Y., Mansoorian, E., Villarreal, B. (May 2015).
- "Selective engagement with work across adulthood", **Heckhausen, J.** 27th annual convention of the Association for Psychological Science, New York, NY. Peer Reviewed. (Paper). With Shane, J., Kriegbaum, K. (May 2015).
- "Achievement and power motivation as sources of work engagement in younger and older adults", **Heckhausen, J.** 27th Convention of the Association for Psychological Science, New York, NY. Peer Reviewed. (Poster). With Svoboda, R., Silbereisen, R., Reitmeier, M., Thomas, S., Haase, C. (May 2015).
- "How to get ahead?: Associations between youths' relationships, beliefs about success, and educational attainment", **Heckhausen, J.** 27th Convention of the Association for Psychological Science, New York, NY. Peer Reviewed. (Poster). With Kay, J., Shane, J. (May 2015).
- "Motivation and well-being during the transition into work: Findings from four longitudinal studies", **Heckhausen, J.** 27th Convention of the Association for Psychological Science, New York, NY. Peer Reviewed. (Paper). With Haase, C., Silbereisen, R., Aviram, T., Wrosch, C., Poulin, M. (May 2015).
- "Individual agency and work-related outcomes: Domain-specific engagement strongly mediates the influence of individuals' general goal-engagement tendency", **Heckhausen, J.** International Convention of Psychological Science (ICPS), Amsterdam, The Netherlands. Peer Reviewed. (Poster). With Kriegbaum, K., Shane, J. (March 2015).
- "Parents still matter: Patterns of parent-child shared agency predict college students' academic motivation and achievement", **Heckhausen, J.** International Convention of Psychological Science (ICPS), Amsterdam, The Netherlands. Peer Reviewed. (Poster). With Villarreal, B., Kriegbaum, K., Wu, V. (March 2015).
- "The human life course as a changing field of action", **Heckhausen, J.** 16th Annual Convention of the Society of Personality and Social psychology, Long Beach, CA. (Invited address). (February 2015).
- "Making it in society: Motivation, social resources, and university attendance", **Heckhausen, J.** 16th Annual Meeting of the Society for Personality and Social Psychology, Long Beach, CA. Peer Reviewed. (Poster). With Kay, J., Shane, J. (February 2015).

- "Shared and non-shared agency in academic motivation and achievement". 16th Annual Meeting of the Society for Personality and Social Psychology, Long Beach, CA. Peer Reviewed. (Poster). With Wu, V., Villarreal, B., Heckhausen, J., Kriegbaum, K. (February 2015).
- "Motivational self-regulation in life-span development", **Heckhausen, J.** Developmental Colloquium Series, Dept. of Psychology, University of California, Riverside, Riverside, CA. (Invited talk). (February 2015).
- "The human life course as a changing field of action", **Heckhausen, J.** Lifespan Social-Personality Preconference to the 16th Annual Convention of the Society of Personality and Social Psychology, Long Beach, CA. Peer Reviewed. (Keynote address). (February 2015).
- "A motivational theory of life-span developmen", **Heckhausen, J. (Keynote Speaker)**. 49th Annual Congress of the Deutsche Gesellschaft für Psychologie, Bochum, Germany. Peer Reviewed. (Keynote address). (September 2014).
- "Anpassung gesundheitsbezogener Autonomieziele während der Rehabilitation: Eine Studie mit Patienten nach radikaler Prostatektomie [Adaptation of health-related autonomy goals during rehabilitation: A study with patients having undergone radical prostatectomy]", **Heckhausen, J.** 49th Annual Congress of the Deutsche Gesellschaft für Psychologie, Bochum, Germany. Peer Reviewed. (Paper). With Knoll, N., Wiedemann, A., Schrader, M. (September 2014).
- "Determinanten sensitiven Interaktionsverhaltens: Welche Rolle spielen Kind, Mutter und Sozialkontext? [Determinants of sensitive interactions: What is the role of the child, the mother, and the social context?]", **Heckhausen, J.** 49th Annual Congress of the Deutsche Gesellschaft für Psychologie, Bochum, Germany. Peer Reviewed. With Sommer, A., Roßbach, H.-G. (September 2014).
- "Heinz Heckhausens Motivation und Handeln [Heinz Heckhausen's motivation and action]", **Heckhausen, J.** 49th Annual Congress of the Deutsche Gesellschaft für Psychologie, Bochum, Germany. Peer Reviewed. (Paper). (September 2014).
- "Goal engagement and disengagement in an age-structured field of action", **Heckhausen, J.** Munich Symposium on Motivation, Eibsee, Germany. (Paper). (July 2014).
- "Matching student obstacles with discrepancies in time to transfer", **Heckhausen, J.** 21st Annual University of California, Irvine Undergraduate Research Symposium, Irvine, CA. (Poster). With Puthran, D., Villarreal, B. (May 2014).
- "Looking up and looking down: Young adults' motivational response to social status comparisons", **Heckhausen, J.** 26th annual convention of the Association for Psychological Science, San Francisco, CA. Peer Reviewed. (Poster). With Filippopoulos, P., Shane, J., Couch, L. (May 2014).

"Adjusting lines of defense during rehabilitation: Sequelae of radical prostatectomy in patients and their spouses", **Heckhausen, J.** 26th Convention of the Association for Psychological Science, San Francisco, CA. Peer Reviewed. (Paper). With Knoll, N., Wiedemann, A., Schultze, M., Schrader, M. (May 2014).

"After university: Opportunity, motivation, and career goal pursuit in young adulthood", **Heckhausen, J.** 26th Convention of the Association for Psychological Science, San Francisco, CA. Peer Reviewed. (Paper). With Shane, J. (May 2014).

"High-school seniors' short-term educational goals: Do the costs of failing one's goals outweigh the benefits of ambitious goal setting?", **Heckhausen, J.** 26th Convention of the Association for Psychological Science, San Francisco, CA. Peer Reviewed. (Paper). With Villarreal, B., Lessard, J. (May 2014).

"Holding and folding lines of defense in dealing with major health problems", **Heckhausen, J.** 26th Convention of the Association for Psychological Science, San Francisco, CA. Peer Reviewed. (Paper). (May 2014).

"College enrollment goals for the year after high school: Costs of failure and benefits of ambition", **Heckhausen, J.** 7th Annual Meeting of the Society for the Study of Motivation, San Francisco, CA. Peer Reviewed. (Paper). With Villarreal, B. (May 2014).

"Why did you make that choice? Demographic differences in Americans' goal selection and motivation", **Heckhausen, J.** 7th annual meeting of the Society for the Study of Motivation, San Francisco, CA. Peer Reviewed. (Poster). With Hervias, P., Hernandez, L., Jaramillo, B., Shane, J. (May 2014).

"A cross-ethnic comparison of motivation and goal engagement in community college students", **Heckhausen, J.** 21st Annual University of California, Irvine Undergraduate Research Symposium, Irvine, CA. (Poster). With Mendoza, Y., Villarreal, B. (May 1, 2014 - May 3, 2014).

"The role of shared/non-shared agency in college motivation and achievement", **Heckhausen, J.** 95th Annual Meeting of the Western Psychological Association, Las Vegas, NV. Peer Reviewed. (Paper). With Villarreal, B., Kriegbaum, K., Wu, V. (April 2014).

"Ambitiousness in college enrollment goals: Is it worth it?", **Heckhausen, J.** 16th Annual Meeting of the Society for Personality and Social Psychology, Long Beach, CA. Peer Reviewed. (Poster). With Villarreal, B. (February 2014).

"Key issues in lifespan personality development", **Heckhausen, J.** Personality Preconference to the 15th Annual Convention of the Society of Personality and Social Psychology, Austin, TX. Peer Reviewed. (Paper). (February 1, 2014 - February 3, 2014).



- "Decline and adaptation of life satisfaction after losing a spouse: Moderated by social and health resources and predicting longevity", **Heckhausen, J. (Author)**. 66th Annual Meeting of the Gerontological Society of America, New Orleans, LA. (Paper). With Gerstorf, D. (Author), Ram, N. (Author), Infurna, F. (Author), Schupp, J. (Author), Wagner, G. (Author). (November 2013).
- "A lines-of-defense model for managing health threats", **Heckhausen, J. (Author)**. 66th Annual Meeting of the Gerontological Society of America, New Orleans, LA. Peer Reviewed. (Paper). With Wrosch, C. (Author), Schulz, R. (Author). (November 1, 2013 - November 3, 2013).
- "Decline and adaptation of life satisfaction after losing a spouse: Moderated by social and health resources and predicting longevity", **Heckhausen, J.** 66th Annual Meeting of the Gerontological Society of America, New Orleans, LA. Peer Reviewed. (Paper). With Infurna, F. (Author), Wiest, M. (Author), Gerstorf, D. (Author), Ram, N. (Author), Schupp, J. (Author), Wagner, G. (Author). (November 1, 2013 - November 3, 2013).
- "Individual differences in terminal well-being decline: The role of family goals, social participation, and the living environment", **Heckhausen, J.** 66th Annual Meeting of the Gerontological Society of America, New Orleans, LA. Peer Reviewed. (Paper). With Gerstorf, D., Ram, N., Infurna, F., Schupp, J., Wagner, G. (November 1, 2013 - November 3, 2013).
- "Looking up and looking down: Young adults' response to social status comparisons", **Heckhausen, J. (Author)**. 121st Annual Meeting of the American Psychological Association, American Psychological Association, Honolulu, HI. (Poster). With Shane, J. (Author), Edler, L. (Author). (August 2013).
- "A Motivational Theory of Life-Span Development", **Heckhausen, J. (Featured Speaker)**. Marsilius Lecture Series, Marsilius Kolleg, Karl-Ruprechts-Universitaet Heidelberg, Heidelberg, Germany. (July 2013).
- "The impact of feedback on students' course aspirations and goal-engagement behaviors", **Heckhausen, J.** 25th Annual Convention of the Association for Psychological Science. (Poster). With Villarreal, B. (May 2013).
- "Perceptions of social mobility in adulthood: The role of motivation and perceived opportunity", **Heckhausen, J. (Author)**. 6th Annual Meeting of the Society for the Study of Motivation, Society for the Study of Motivation (SSM), Washington, DC. (Poster). With Shane, J. (Author), Ling, S. (Author), Mak, T. (Author). (May 2013).
- "Shared agency with parents in academic motivation and achievement", **Heckhausen, J. (Author)**. 6th Annual Meeting of the Society for the Study of Motivation, Society for the Study of Motivation (SSM), Washington, DC. (Poster). With Wu, V. (Author), Villarreal, B. (Author). (May 2013).

- "Spread your wings and fly away: Motivational self-regulation in the transition to adulthood", **Heckhausen, J. (Author)**. 6th Annual Meeting of the Society for the Study of Motivation, Society for the Study of Motivation (SSM), Washington, DC. (Paper). (May 2013).
- "The road taken: Motivational self-regulation in response to perceived opportunity", **Heckhausen, J. (Author)**. 6th Annual Meeting of the Society for the Study of Motivation, Society for the Study of Motivation (SSM), Washington, DC. (Paper). With Shane, J. (Author). (May 2013).
- "What's in a quarter: Adjusting and re-engaging with course aspirations after mid-quarter feedback", **Heckhausen, J. (Author)**. 6th Annual Meeting of the Society for the Study of Motivation, Society for the Study of Motivation (SSM), Washington, DC. (Paper). With Villarreal, B. (Author). (May 2013).
- "Is it worth it? The impact of changing majors on students' motivation, well-being, and academic performance", **Heckhausen, J.** 20th Annual University of California, Irvine Undergraduate Research Symposium, Irvine, CA. With Bubolz, V., Mendoza, Y., Poissant, D., Puthran, D., Villarreal, B. (May 1, 2013 - May 3, 2013).
- "Shared agency in academic motivation and achievement". 20th Annual University of California, Irvine Undergraduate Research Symposium, Irvine, CA. (Poster). (May 1, 2013 - May 3, 2013).
- "The impact of feedback on students' course aspirations and goal-engagement behaviors", **Heckhausen, J.** 25th Annual Convention of the Association for Psychological Science, Washington, DC. Peer Reviewed. With Villarreal, B. (May 1, 2013 - May 3, 2013).
- "Mismatched primary and secondary control striving: Implications for elderly adults' 3-year physical health", **Heckhausen, J. (Author)**. 14th Annual Meeting of the Society for Personality and Social Psychology Meeting, Society for Personality and Social Psychology, New Orleans, LA. (Poster). With Hamm, J. (Author), Chipperfield, J. (Author), Perry, R. (Author), Mackenzie, C. (Author). (January 2013).
- "Social influences on task motivation: Asch's conformity studies revisited", **Heckhausen, J. (Author)**. 14th Annual Meeting of the Society for Personality and Social Psychology Meeting, Society for Personality and Social Psychology, New Orleans, LA. (Poster). With Garcia, R. (Author). (January 2013).
- "Perceived control facilitates adjustment to unemployment: Findings from the German Socio-Economic Panel Study (SOEP)", **Heckhausen, J. (Author)**. 65th Annual Meeting of the Gerontological Society of America, San Diego, CA. Peer Reviewed. With Infurna, F. (Author), Gerstorf, D. (Author), Ram, N. (Author), Schupp, J. (Author), Wagner, G. (Author). (November 2012).

- "Self-regulation at the end of life and with severe disability", **Heckhausen, J. (Coordinator/Organizer)**. 65th Annual Meeting of the Gerontological Society of America, San Diego, CA. Peer Reviewed. With Gerstorf, D. (Coordinator/Organizer). (November 2012).
- "Perceived control facilitates adjustment to unemployment: Findings from the German Socio-Economic Panel Study (SOEP)", **Heckhausen, J. (Author)**. 65th Annual Meeting of the Gerontological Society of America, Gerontological Society of America, San Diego, CA. (Paper). With Infurna, F. (Author), Gerstorf, D. (Author), Ram, N. (Author), Schupp, J. (Author), Wagner, G. (Author). (November 2012).
- "Domain-specific engagement: Age-graded adjustments and women's special involvement", **Heckhausen, J. (Author)**. 65th Annual Scientific Meeting of the Gerontological Society of America, Gerontological Society of America, San Diego, CA. (Paper). With Shane, J. (Author). (November 2012).
- "Domain-specific engagement: Age-graded adjustments and women's special involvement", **Heckhausen, J. (Author)**. 65th Annual Scientific Meeting of the Gerontological Society of America, Gerontological Society of America, San Diego, CA. (Paper). With Shane, J. (Author). (November 2012).
- "Lines of defense when facing progressive disease, disability, and the end of life: An application of the motivational theory of life-span development", **Heckhausen, J. (Author)**. 65th Annual Scientific Meeting of the Gerontological Society of America, Gerontological Society of America, San Diego, CA. (Paper). With Wrosch, C. (Author), Schulz, R. (Author). (November 2012).
- "Perceived effective control of development buffers terminal drop in well-being", **Heckhausen, J. (Author)**. 65th Annual Scientific Meeting of the Gerontological Society of America, Gerontological Society of America, San Diego, CA. (Paper). With Gerstorf, D., Ram, N. (Author), Infurna, F. (Author), Schupp, J. (Author), Wagner, G. (Author). (November 2012).
- "A Motivational Theory of Life-Span Development", **Heckhausen, J. (Featured Speaker)**. Paul B. Baltes Lecture Series, Humboldt University, Free University, Technical University, University of Potsdam, Max-Planck Institute for Human Development, Berlin, Germany. (October 2012).
- "Applying the motivational theory of life-span development to social mobility in the transition to adulthood", **Heckhausen, J. (Author)**. Society for Research in Child Development Themed Meeting "Transitions to Adulthood", Society for Research in Child Development, Tampa, FL. (Paper). With Shane, J. (Author). (October 2012).
- "Social mobility in a distressed economy: matching agency to opportunities", **Heckhausen, J. (Author)**. Society for Research in Child Development Themed Meeting "Transitions to Adulthood", Society for Research in Child Development, Tampa, FL. (Paper). With Shane, J. (Author). (October 2012).

"A Motivational Theory of Life-Span Development", **Heckhausen, J. (Featured Speaker)**. Colloquium, Department of Psychology, University of Southern California, Los Angeles. (September 2012).

"Forschungsprojekte mit dem NEPS: Transaktionen zwischen Situation, Individuum und Entwicklung [Research projects with NEPS: Transactions between situation, individual, and development]", **Heckhausen, J. (Featured Speaker)**. Colloquium, National Educational Panel Study, Otto-Friedrich-Universität Bamberg, Bamberg, Germany. (September 2012).

"A Motivational Theory of Life-Span Development", **Heckhausen, J. (Featured Speaker)**. Colloquium, National Educational Panel Study, Otto-Friedrich-Universität Bamberg, Bamberg, Germany. (August 2012).

"Major life events shape well-being through little ups and big downs: Findings from the German Socio-Economic Panel Study (SOEP)", **Heckhausen, J. (Author)**. 30th International Congress of Psychology, Cape Town, South Africa. (Paper). With Wagner, G. (Author), Gerstorf, D. (Author), Ram, N. (Author), Infurna, F. (Author), Schupp, J. (Author). (July 2012).

"Major life events shape well-being through little ups and big downs: Findings from the German Socio-Economic Panel Study (SOEP)", **Heckhausen, J. (Author)**. 30th International Congress of Psychology, Cape Town, South Africa. Peer Reviewed. (Poster). With Wagner, G. (Author), Gerstorf, D. (Author), Ram, N. (Author), Infurna, F. (Author), Schupp, J. (Author). (July 2012).

"Perceived control facilitates adjustment to unemployment: Findings from the German Socio-Economic Panel Study (SOEP)", **Heckhausen, J. (Author)**. 10th International German Socio-Economic Panel SOEP User Conference, Deutsches Institut fuer Wirtschaftsforschung [German Institute for Economic Research], Berlin, Germany. (Paper). With Infurna, F. (Author), Gerstorf, D. (Author), Ram, N. (Author), Schupp, J. (Author), Wagner, G. (Author). (June 2012).

"Perceived control facilitates adjustment to unemployment: Findings from the German Socio-Economic Panel Study (SOEP)", **Heckhausen, J. (Author)**. 10th International German Socio-Economic Panel User Conference, German Institute for Economic Research (DIW), Berlin, Germany. Peer Reviewed. (Paper). With Infurna, F. (Author), Gerstorf, D. (Author), Ram, N. (Author), Schupp, J. (Author), Wagner, G. (Author). (June 2012).

"Do your friends make a difference? Similarity, identity and achievement in college students", **Heckhausen, J. (Author)**. Annual Conference of the Canadian Psychological Association, Canadian Psychological Association, Halifax, Canada. (Poster). With Musu-Gillette, L. (Author), Hall, N. (Author). (June 2012).

"Friends characteristics, motivational strategies, and achievement in college students", **Heckhausen, J. (Author)**. Annual Meeting of the Association for Psychological Science, Association for Psychological Science, Chicago, IL. (Poster). With Musu-Gillette, L. (Author), Hall, N. (Author). (May 2012).

- "Moving on after a block in the road: Well-being as a resource for the capacity to reengage in new goals", **Heckhausen, J. (Author)**. 13th annual meeting of the Society for Personality and Social Psychology, Society for Personality and Social Psychology, San Diego, CA. (Poster). With Aviram, T. (Author), Haase, C. (Author), Wrosch, C. (Author), Silbereisen, R. (Author). (January 2012).
- "Perceptions of past, present, and future social status: Causal conceptions and control strivings as mediators", **Heckhausen, J. (Author)**. 13th annual meeting of the Society for Personality and Social Psychology, Society for Personality and Social Psychology, San Diego, CA. (Paper). With Shane, J. (Author). (January 2012).
- "Congruence, challenge, goals and control strategies", **Heckhausen, J. (Author)**. 64th Annual Scientific Meeting of the Gerontological Society of America, Gerontological Society of America, Boston, MA. (Paper). (November 2011).
- "Individual Agency in the Life Course and Modern Society: How Societal Opportunities and Constraints Shape Individual Agency For Better or Worse", **Heckhausen, J. (Keynote Speaker)**. Society for Longitudinal and Lifecourse Studies, 2nd Annual Conference, Bielefeld, Germany. (September 2011).
- "A motivational theory of life-span development: Areas of application in the Socio-Economic Panel", **Heckhausen, J. (Featured Speaker)**. Colloquium, Deutsches Institut fuer Wirtschaftsforschung [German Institute for Economic Research], Berlin, Germany. (August 2011).
- "Striving for power or achievement in uncertain times? Life goals, occupational motivation, and adaptation during the transition from university to work", **Heckhausen, J. (Author)**. European Congress of Psychology, Istanbul, Turkey. With Haase, C. (Author), Silbereisen, R. (Author). (July 2011).
- "Peer goal alignment and achievement in college students", **Heckhausen, J. (Author)**. Self Biennial International Conference, Quebec City, Canada. (Poster). With Musu-Gillette, L. (Author), Hall, N. (Author). (June 2011).
- "Friends' influence on academic achievement in college students", **Heckhausen, J. (Author)**. Biennial meeting of the Society for Research on Child Development, Society for Research on Child Development, Montreal, Canada. (Poster). With Musu-Gillette, L. (Author), Hall, N. (Author). (April 2011).
- "A Motivational Theory of Life-Span Development", **Heckhausen, J. (Featured Speaker)**. Colloquium, Institute of Personality and Social Research, University of California, Berkeley, Berkeley. (April 2011).

- "Interplay of psychological resources and health in adulthood and old age", **Heckhausen, J. (Presenter)**. 63rd Annual Scientific Meeting of the Gerontological Society of America, Gerontological Society of America, New Orleans, LA. (Paper). (November 2010).
- "Secondary control strategies and psychological well-being among older adults", **Heckhausen, J. (Author)**. Annual Meeting of the Canadian Psychological Association, Canadian Psychological Association, Winnipeg, Canada. (Poster). With Stewart, T. (Author), Chipperfield, J. (Author), Perry, R. (Author). (June 2010).
- "Secondary control strategies and psychological well-being among older adults", **Heckhausen, J. J.** Annual meeting of the Canadian Psychological Association, Winnipeg, Canada. (Paper). With Stewart, T., Chipperfield, J., Perry, R. (June 2010).
- "An integrative three-process model of adaptive motivation across the life span: Goal engagement, goal disengagement, and meta-regulation", **Heckhausen, J.** Meeting of the Society for the Study of Motivation, Boston, MA. With Haase, C., Wrosch, C. (May 2010).
- "A motivational theory of life-span development", **Heckhausen, J. (Featured Speaker)**. Miriam Aaron Roland Lecture Series, Concordia University, Montreal, Canada. (March 2010).
- "Suffering: When patients have more control than caregivers", **Heckhausen, J.** 62nd Annual Scientific Meeting of the Gerontological Society of America, Chicago, IL. (November 2009).
- "Motivation and action: Building on the legacy of international motivational research", **Heckhausen, J.** Annual Meeting of the Society for the Study of Motivation, San Francisco, CA. (May 2009).
- "Effects of positive affect on risk perceptions and goal engagement", **Heckhausen, J.** Tagung experimentell arbeitender Psychologen (TeaP), Jena, Germany. With Haase, C., Silbereisen, R., Poulin, M. (April 2009).
- "Developmental barriers and the benefits of disengagement", **Heckhausen, J.** International Workshop "Social Change and Human Development: Concepts and Results", Würzburg, Germany. With Martin, J., Tomasik, M., Silbereisen, R. (July 2008).
- "Globalization, social inequality and individual agency in human development", **Heckhausen, J.** International Workshop "Social Change and Human Development: Concepts and Results", Würzburg, Germany. (July 2008).
- "Adaptive disengagement from uncontrollable challenges in adulthood", **Heckhausen, J.** XXIX. International Congress of Psychology, Berlin, Germany. With Tomasik, M., Silbereisen, R. (July 2008).

- "Coping with social change: The role of self-efficacy and control-beliefs", **Heckhausen, J.** XXIX. International Congress of Psychology, Berlin, Germany. With Grümer, S., Silbereisen, R. (July 2008).
- "Letting go and going on: Profiles of goal adjustment and trajectories of well-being across a life-span transition in young adulthood", **Heckhausen, J.** XXIX. International Congress of Psychology, Berlin, Germany. With Haase, C., Silbereisen, R. (July 2008).
- "Positive and negative affect as resource and information for goal-engagement and disengagement", **Heckhausen, J.** XXIX. International Congress of Psychology, Berlin, Germany. With Carmody, C., Haase, C., Poulin, M. (July 2008).
- "Developmental regulation of vocational aspirations: A latent growth curve analysis of the transition from school to work", **Heckhausen, J.** Biennial Meeting of the Society for Research on Adolescence, Chicago, IL. With Hardy, S., Tomasik, M., Haase, C. (March 2008).
- "When plans for college don't work out right away: Predictors and consequences", **Heckhausen, J.** Biennial Meeting of the Society for Research on Adolescence, Chicago, IL. With Lessard, J., Chang, E. (March 2008).
- "Life longings viewed by motivational life-span theory: To have and have not", **Heckhausen, J.** 60th Annual Meeting of the Gerontological Society of America, San Francisco, CA. (November 2007).
- "Examining the conditions that precipitate a decline in older adults' interpersonal control strivings", **Heckhausen, J.** 60th Annual Scientific Meeting of the Gerontological Society of America, San Francisco, CA. With Sorkin, D., Rook, K. (November 2007).
- "Developmental regulation in German and American adolescents during the transition from school to work", **Heckhausen, J.** 13th European Conference on Developmental Psychology, Jena, Germany. With Chang, E., Lessard, J. (August 2007).
- "Individual control striving and adaptive development during the school-to-work transition: Findings from two longitudinal studies in Germany and the US", **Heckhausen, J.** Marbach Conference, Germany. With Haase, C., Poulin, M., Chang, E. (March 2007).
- "Shared agency with parents: Asian and European American differences and similarities during the transition to adulthood", **Heckhausen, J.** Society for Research on Child Development, Boston, MA. With Chang, E. (March 2007).
- Heckhausen, J. (Organizer).** 4th Workshop "Studies in Developmental Science: Applications of the Control Model", Center for Applied Developmental Science, Jena, Germany. With Haase, C. (December 2006).

- "Lines of Defense bei chronischer Krankheit und progredienten Funktionseinbußen - einige Ideen zur Diskussion [Lines of Defense when coping with chronic illness and progressing functional disability – some ideas for discussion]", **Heckhausen, J.** 4th Workshop "Studies in Developmental Science: Applications of the Control Model", Center for Applied Developmental Science, Jena, Germany. (December 2006).
- "Perceived control and control striving", **Heckhausen, J.** 4th Workshop "Studies in Developmental Science: Applications of the Control Model", Center for Applied Developmental Science, Jena, Germany. (December 2006).
- "Lebenslauftheorie der Kontrolle: Ein Kontroll- und handlungstheoretischer Ansatz zur Entwicklungsregulation [The life-span theory of control: A control and action-theoretical approach to developmental regulation]", **Heckhausen, J.** Colloquium, Friedrich-Schiller University, Jena, Germany. (December 2006).
- "Developmental regulation across the life span", **Heckhausen, J.** Colloquium, Max Planck Institute for Human Development, Berlin, Germany. (October 2006).
- "Zielengagement bei einem gelungenen Übergang von der Schule in den Beruf [Goal engagement during an adaptive transition from school to work]", **Heckhausen, J.** Deutsche Gesellschaft für Psychologie, Nuremberg, Germany. With Haase, C. (September 2006).
- "Entwicklungsregulation im Lebenslauf: Diskussion verschiedener Forschungsanwendungen [Developmental regulation across the lifespan: Discussion of various research applications]", **Heckhausen, J.** 3rd Workshop "Studies in Developmental Science: Applications of the Control Model", Friedrich-Alexander-University of Erlangen-Nürnberg, Germany. (August 2006).
- "Achievement – not power, affiliation, money – motivation spurs goal engagement and control before the school-to-work transition", **Heckhausen, J.** Society for Research on Adolescence, San Francisco, CA. With Haase, C. (March 2006).
- "Developmental regulation in German and American adolescents during the transition after high school", **Heckhausen, J.** Society for Research on Adolescence, San Francisco, CA. With Chang, E. (March 2006).
- "Gender and ethnic similarities in the relations between parental and peer warmth and adolescent well-being", **Heckhausen, J.** Society for Research on Adolescence, San Francisco, CA. With Chung, W., Chen, C., Greenberger, E. (March 2006).
- "Relationships with peers in the transition from school to work and college: Models for success and sources of emotional support", **Heckhausen, J.** Society for Research on Adolescence, San Francisco, CA. With Lessard, J., Chung, W., Lang, F. (March 2006).



- ""Go" versus "Retreat": Goal engagement and goal disengagement when mastering life-course transitions", **Heckhausen, J.** Society for Personality and Social Psychology, Palm Springs, CA. (February 2006).
- "Developmental regulation across the life span: Individual agency and society", **Heckhausen, J.** Fall Academy of the International Max Planck Research School LIFE, Ann Arbor, MI. (October 2005).
- "Letting go: Ethnic variations in the structure and function of compensatory secondary control", **Heckhausen, J.** Society for the Study in Human Development, Asilomar, CA. With Chang, E. (October 2005).
- "Primary control striving and secondary control strategies: Universal and culture-differential processes", **Heckhausen, J.** Society for the Study in Human Development, Asilomar, CA. (October 2005).
- "Staying the Course: The Structure and Function of Selective Secondary Control Strategies in Different Ethnic Groups", **Heckhausen, J.** Society for the Study in Human Development, Asilomar, CA. With Gil-Trejo, L. (October 2005).
- "Developmental regulation under conditions of social change: Heyday or doomsday for individual agency", **Heckhausen, J.** ISSBD International Workshop "Self-regulation in context of social changes", International Society for the Study of Behavioral Development, Moscow, Russia. (June 2005).
- "An Inquiry Into the Gap Between High Educational Expectations and Low Post-Secondary Attainment in Adolescents Transitioning out of High School", **Heckhausen, J.** Society for Research in Child Development, Atlanta, GA. With Gil-Trejo, L., Chang, E. (April 2005).
- "Control striving during the school-to-work transition: What throws adolescents off track?", **Heckhausen, J.** Society for Research in Child Development, Atlanta, GA. With Poulin, M. (April 2005).
- "Primary and secondary control strategies are adaptive during the school-to-work transition", **Heckhausen, J.** Society for Research in Child Development, Atlanta, GA. With Haase, C. (April 2005).
- "Adapting to negative social exchanges in later life: Changes in interpersonal control strivings", **Heckhausen, J.** 57th Annual Meeting of the Gerontological Society of America, Washington, DC. With Sorkin, D., Rook, K. (November 2004).
- "The Challenge of a New Social Environment: Social Goals and Control Striving After Relocation to a Retirement Community", **Heckhausen, J.** 57th Annual Meeting of the Gerontological Society of America, Washington, DC. With Charles, S. (November 2004).

- "Soci(et)al scaffolding of individual growth across the life span", **Heckhausen, J.** International Workshop "Positive Development: Linking Individual, communities and social policies", Center for Applied Developmental Science, Friedrich Schiller University of Jena, Weimar, Germany. (October 2004).
- "Approaching the transition from school to work: Regulation of peer relationships and of social networks", **Heckhausen, J.** 18th Biennial Meeting of the International Society for the Study of Behavioral Development, Ghent, Belgium. With Lang, F. (July 2004).
- "Smoking behavior of older youth in foster care compared to a community sample", **Heckhausen, J.** Western Psychological Association, Phoenix, AZ. (Poster presentation). With Farruggia, S., Germino, G., Greenberger, E., Chen, C., Christensen, R., Garza, J., Holladay, C. (April 2004).
- "Ethnic variations in adolescent life goals", **Heckhausen, J.** Society for Research on Adolescence, Baltimore. (Poster presentation). With Chang, E., Gil-Trejo, L. (March 2004).
- "Illness and disability in old age from a control-theory perspective", **Heckhausen, J.** 56th Annual Meetings of the Gerontological Society of America, San Diego, CA. (November 2003).
- "The life-span theory of control as a paradigm to study illness and disability in old age", **Heckhausen, J.** UC/APA Conference on Health Psychology and Aging, Lake Arrowhead, CA. (May 2003).
- "School-to-work transition in German adolescents: Findings from an longitudinal study", **Heckhausen, J.** Department of Psychology and Social Behavior, University of California, Irvine. With Haase, C., Poulin, M. (April 2003).
- "The role of important non-parental adults in adolescent school connectedness and academic achievement", **Heckhausen, J.** Society for Research in Child Development, Tampa, FL. With Farruggia, S., Chang, E., Gil-Trejo, L., Greenberger, E., Chen, C. (April 2003).
- "Transition to adulthood as a function of institutional scaffolding: Why German adolescents grow up faster?", **Heckhausen, J.** Society for Research in Child Development, Tampa, FL. (April 2003).
- "Life-course transitions: Amplifiers of developmental resources and interventions", **Heckhausen, J.** Southern California Consortium on Families and Social Development, University of California, Riverside. (February 2003).
- "Black-white differences in OPS health", **Heckhausen, J.** 55th Annual Meetings of the Gerontological Society of America, Boston, MA. With Schulz, R., Musa, D., Silverman, M. (November 2002).

- "Control strategies and affect among people with a spinal cord injury", **Heckhausen, J.** 55th Annual Meetings of the Gerontological Society of America, Boston, MA. With Charles, S., Kemp, B. (November 2002).
- "Differences between primary control, secondary control, perceived control, and coping: What's what and what for?", **Heckhausen, J.** 55th Annual Meetings of the Gerontological Society of America, Boston, MA. With Sorkin, D., Schulz, R. (November 2002).
- "Health stresses and depressive symptoms: The importance of health engagement control strategies", **Heckhausen, J.** 55th Annual Meetings of the Gerontological Society of America, Boston, MA. With Wrosch, C., Schulz, R. (November 2002).
- "The life-span theory of control as a paradigm to study illness and disability in old age", **Heckhausen, J.** 55th Annual Meetings of the Gerontological Society of America, Boston, MA. (November 2002).
- "Developmental regulation across the life span: A control-theory approach", **Heckhausen, J.** Colloquium, Harvard University, Boston, MA. (November 2002).
- "Der Einfluss der Berufswahlsicherheit auf den Einsatz für die berufliche Erstausbildung. [The influence of uncertainty about vocational choice on the striving to obtain a vocational training position]", **Heckhausen, J.** Deutsche Gesellschaft für Psychologie [German Society for Psychology], Berlin, Germany. With Wolf, R., Nagy, G., Köller, O. (September 2002).
- "Der Einfluss von Schulleistungen und Kontrollüberzeugungen auf das Bewerbungsverhalten von Realschülern. [The influence of school achievement and control beliefs on job applications of middle-tier students]", **Heckhausen, J.** Deutsche Gesellschaft für Psychologie [German Society for Psychology], Berlin, Germany. With Radzei, N., Nagy, G., Köller, O. (September 2002).
- "Validating a new measure of implicit motivation", **Heckhausen, J.** Deutsche Gesellschaft für Psychologie [German Society for Psychology], Berlin, Germany. With Mannion, S., Köller, O. (September 2002).
- "Developmental regulation, control striving, and perceived control: Transactions in cycles of action", **Heckhausen, J.** European Conference on Personality, Jena, Germany. (July 2002).
- "Self-regulation of life regrets in old age", **Heckhausen, J.** European Conference on Personality, Jena, Germany. With Wrosch, C. (July 2002).
- "Cycles of goal engagement and disengagement when approaching and passing developmental deadlines", **Heckhausen, J.** American Psychological Society, New Orleans, LA. With Nagy, G., Wrosch, C., Schulz, R. (June 2002).

"Motivation and control in the transition from school to work", **Heckhausen, J.** American Psychological Society, New Orleans, LA. With Nagy, G., Tomasik, M., Haase, C., Köller, O. (June 2002).

"Developmental regulation across the life span: A control-theory approach", **Heckhausen, J.** Conference on "Development and Motivation: Joint Perspectives", University of Lancaster, Great Britain. (April 2002).

"Developmental regulation across the life span: Navigating transitions by primary and secondary control", **Heckhausen, J.** Colloquium, Department of Psychology, Georgia Institute of Technology, Atlanta, GA. (February 2002).

"German Adolescents' Vocational Aspirations in the Transition from School to Work", **Heckhausen, J.** 64th Biennial Meeting of the Society for Research in Child Development, Minneapolis, MN. With Tomasik, M. (2001).

"Cycles of goal engagement and disengagement when approaching and passing developmental deadlines", **Heckhausen, J.** 54th Annual meetings of the Gerontological Society of America, Chicago, IL. With Farruggia, S., Nagy, G., Wrosch, C., Schulz, R. (November 2001).

"Developmental regulation in older adults: Optimizing control and maintaining identity", **Heckhausen, J.** 54th Annual meetings of the Gerontological Society of America, Chicago, IL. (November 2001).

"Transitions in the human life course: An emerging arena for interdisciplinary research", **Heckhausen, J.** Colloquium, Department of Psychology and Social Behavior, University of California, Irvine. (November 2001).

"Developmental regulation across the life span: Navigating transitions by primary and secondary control", **Heckhausen, J.** Colloquium, Department of Psychology, University of California, Los Angeles. (October 2001).

"Soziale Vergleiche beim Übergang von der Schule in die berufliche Erstausbildung [Social comparisons during the transition from school to vocational training]", **Heckhausen, J.** Meeting for Developmental Psychology in the Deutsche Gesellschaft für Psychologie, Potsdam, Germany. With Wolf, R., Köller, O. (September 2001).

"Developmental regulation across the life span: A control-theory approach", **Heckhausen, J.** Annual Meeting of the American Psychological Association, American Psychological Association, Chicago, IL. (August 2001).

"Developmental regulation across the life span: Navigating transitions by primary and secondary control", **Heckhausen, J.** Colloquium, University of California, Riverside. (May 2001).

- "Developmental regulation across the life span: A control-theory approach", **Heckhausen, J.**  
Workshop "Coping and Regulation Across the Life Span", Tempe, AZ. (February 2001).
- "Developmental regulation in older adults: Optimizing control and maintaining identity",  
**Heckhausen, J.** 53rd Annual Scientific Meeting of the Gerontological Society of America,  
Chicago, IL. (November 2000).
- "Entwicklungsregulation Ost- und Westberliner Jugendlicher beim Übergang von der Schule in  
den Beruf [Developmental regulation of East and West Berlin youth during the transition from  
school to work]", **Heckhausen, J.** 42. Kongreß der Deutschen Gesellschaft für Psychologie,  
Jena, Germany. (September 2000).
- "Adaptive functions of social comparison in developmental regulation: Upward, downward, and  
lateral", **Heckhausen, J.** XXVII International Congress of Psychology, Stockholm, Sweden.  
(July 2000).
- "Adolescents in the transition from school to work: Adaptive and maladaptive sequential patterns  
of goal orientation and control", **Heckhausen, J.** 7th Biennial Conference of the European  
Association for Research on Adolescence (EARA), Jena, Germany. (May 2000).
- "Primary and secondary control of developmental loss: An action-theoretical approach",  
**Heckhausen, J.** 52nd Annual Scientific Meeting of the Gerontological Society of America,  
San Francisco, CA. With Schulz, R. (November 1999).
- "Der Übergang von der Schule in den Beruf als Handlungsphasensequenz: Erste Befunde aus  
einer mikrosequentiellen Längsschnittstudie [The transition from school to work as an action-  
phase sequence: Findings in progress from a micro-sequential longitudinal study]",  
**Heckhausen, J.** 14. Tagung Entwicklungspsychologie, Fribourg, Switzerland. (September  
1999).
- "Wo hängen die süßen Trauben? Entwicklungspsychologische Perspektiven zum  
Bereuenserleben im Lebenslauf [Where are the sweet grapes? A developmental psychology  
approach to the experience of regret throughout the life span]", **Heckhausen, J.** 14. Tagung  
Entwicklungspsychologie, Fribourg, Switzerland. With Wrosch, C. (September 1999).
- "A motivational approach to decision making", **Heckhausen, J.** Society for Judgement and  
Decision Making, Los Angeles, CA. With Martignon, L. (July 1999).
- "Adolescents in the transition from school to work: Vocational training goals and peer group  
orientation", **Heckhausen, J.** 63rd Meeting of the Society for Research in Child  
Development, Albuquerque, NM. With Bredendiek, M. (April 1999).

- "Bedingungen und Folgen (nicht) erfolgreicher Zieldistanzierung [Causes and consequences of (non) successful goal disengagement]", **Heckhausen, J.** Tagung experimentell arbeitender Psychologen, Leipzig, Germany. (March 1999).
- "Developmental regulation across the life span: An Action-phase model of engagement and disengagement with developmental goals", **Heckhausen, J.** International Workshop "Motivational Psychology of Ontogenesis", Max Planck Institute for Human Development, Berlin, Germany, Max Planck Institute for Human Development, Berlin, Germany. (1998).
- "Motivation, Volition und Distanzierung bei alterssequentiell gestaffelten Entwicklungszielen: Ein erweitertes Handlungsphasenmodell der Entwicklungsregulation [Motivation, volition, and disengagement in age-sequential pursuit of developmental goals: An extended action-phase model of developmental regulation]", **Heckhausen, J.** 41st Meeting of the Deutsche Gesellschaft für Psychology, Dresden, Germany. (September 1998).
- "Optimizing One's Own Development Across the Life Span: Adaptive Timing and Sequencing of Control Striving for Developmental Goals", **Heckhausen, J.** 15th Biennial Meeting of ISSBD, Berne, Switzerland. (Symposium in Honor of the 60th Birthday of August Flammer "The Competent Self - A Life-Span and Differential Perspective"). (July 1998).
- "Developmental regulation before and after passing a developmental deadline: The sample case of the biological clock", **Heckhausen, J.** 15th Biennial Meeting of the International Society for the Study of Behavioral Development, Berne, Switzerland. With Wrosch, C., Fleeson, W. (July 1998).
- "Motivational Psychology of Ontogenesis", **Heckhausen, J.** Colloquium, Max Planck Institute for Human Development, Berlin, Germany. (May 1998).
- "Control striving across the life span: Developmental regulation via primary and secondary control", **Heckhausen, J.** 105th Annual Conference of the American Psychological Association, Chicago, IL. With Schulz, R. (September 1997).
- "Die Lebenslauftheorie der Kontrolle als theoretischer Rahmen der Bewältigungsforschung [The life-span theory of control as a conceptual framework for coping research]", **Heckhausen, J.** 13. Tagung Entwicklungspsychologie, Vienna, Austria. (September 1997).
- "Zur Motivationspsychologie der Ontogenese: Theoretische Überlegungen und erste empirische Befunde [Motivational psychology of ontogenesis: Theoretical conceptions and first empirical findings]", **Heckhausen, J.** 15. Motivationspsychologisches Kolloquium, Bielefeld, Germany. (January 1997).
- "Entwicklung im Erwachsenenalter: Entwicklungsregulation durch primäre und sekundäre Kontrolle [Development in adulthood: Developmental regulation via primary and secondary control]", **Heckhausen, J.** Colloquium, Institute of Psychology, University of Osnabrück, Germany, Institute of Psychology, University of Osnabrück, Germany. (December 1996).

"Entwicklungsregulation unter den Bedingungen des soziopolitischen Wandels in der ehemaligen DDR: Kohortendifferenzielle Effekte [Developmental regulation under the conditions of sociopolitical change in the former GDR: Cohort-differential effects]", **Heckhausen, J.** 40. Kongreß der Deutschen Gesellschaft für Psychologie, Munich, Germany. With Wrosch, C. (September 1996).

"Selbst- und Entwicklungsregulation bei krisenhaften Herausforderungen [Regulation of self and development in times of crisis and challenge]", **Heckhausen, J.** 40. Kongreß der Deutschen Gesellschaft für Psychologie, Munich, Germany. (September 1996).

"Being on-time or off-time: Developmental deadlines for regulating one's own development", **Heckhausen, J.** International Conference "Mind and Time", Neuchâtel, Switzerland. (September 1996).

"Developmental Regulation Across the Life Span: Optimization in Primary and Secondary Control", **Heckhausen, J.** Colloquium, Department of Psychology, University of California, Berkeley, Department of Psychology, University of California, Berkeley. (April 1996).

"Developmental Regulation Across the Life Span: Optimization in Primary and Secondary Control", **Heckhausen, J.** Colloquium, Institute for Personality and Social Research, University of California, Berkeley, Institute for Personality and Social Research, University of California, Berkeley. (April 1996).

"Developmental Regulation Across the Life Span: Optimization in Primary and Secondary Control", **Heckhausen, J.** Colloquium, Department of Psychology, Stanford University, Department of Psychology, Stanford University. (March 1996).

"Developmental Regulation Across the Life Span: Optimization in Primary and Secondary Control", **Heckhausen, J.** Colloquium, Institute for Personality and Social Research, University of California, Berkeley, Institute for Personality and Social Research, University of California, Berkeley, Center for Advanced Study in the Behavioral Sciences, Stanford. (March 1996).

"Die Psychologie des Bereuens: Wo hängen die süßen Trauben? [The psychology of regret: Where are the sweet grapes?]", **Heckhausen, J.** Habilitation colloquium, Fachbereich Erziehungs- und Unterrichtswissenschaften, Freie Universität Berlin, Germany. (January 1996).

"Developmental regulation in adulthood: Conceptualization and measurement of strategies for successful aging", **Heckhausen, J.** 48th Scientific Meeting of the Gerontological Society of America, Los Angeles, CA. With Schulz, R. (November 1995).

"Developmental regulation in adulthood: Selection and compensation via primary and secondary control", **Heckhausen, J.** Life-Span Perspectives on Motivation and Control, Max-Planck-Institut für Bildungsforschung, Berlin, Germany. With Schulz, R. (July 1995).

"Life-Span Perspectives on Motivation and Control", **Heckhausen, J. (Organizer)**. Max Planck Institute for Human Development, Berlin, Germany. With Dweck, C. (July 1995).

"Primäre und sekundäre Kontrolle im Erwachsenenalter: Entwicklungsregulation bei altersnormativen Anforderungen [Primary and secondary control in adulthood: Developmental regulation of age-normative challenges]", **Heckhausen, J.** 39. Kongreß der Deutschen Gesellschaft für Psychologie, Hamburg, Germany. (September 1994).

"Primacy of primary control as a universal feature of human behavior", **Heckhausen, J.** 13th Biennial Meetings of the International Society for the Study of Behavioral Development, Amsterdam, The Netherlands. With Schulz, R. (June 1994).

"An analysis of "good" stress and coping during mid-life and old age", **Heckhausen, J.** 60th Meeting of the Society for Research in Child Development, New Orleans, LA. With Schulz, R. (March 1993).

"Action and control in life-span development: Theoretical perspectives and empirical findings", **Heckhausen, J.** 45th Scientific Meeting of the Gerontological Society of America, Washington, DC. With Schulz, R. (November 1992).

"Entwicklungsziele und Kontrollüberzeugungen Ost- und Westberliner Erwachsener [Developmental goals and control beliefs in East and West-Berlin adults]", **Heckhausen, J.** 38th Congress of the Deutsche Gesellschaft für Psychologie, Trier, Germany. (September 1992).

"Primäre und sekundäre Kontrolle in Entwicklungsgestaltung und -bewältigung: Entwicklungszielmanagement bei Ost- und Westberliner Erwachsenen [Primary and secondary control in developmental mastery and coping: Managing developmental goals in East and West-Berlin adults]", **Heckhausen, J.** 38th Congress of the Deutsche Gesellschaft für Psychologie, Trier, Germany. (September 1992).

"Primary and secondary control across the life span: East/West Berlin comparisons", **Heckhausen, J.** Centennial Convention of the American Psychological Association, Washington, DC. With Schulz, R. (August 1992).

"Personal and social images of mid-life as reflected in beliefs about life-span development", **Heckhausen, J.** 25th International Congress of Psychology, Brussels, Belgium. (July 1992).

"Bezugsgruppenwahl und normative Alterungsvorstellungen als Bewältigungsstrategien im Alter [Choice of reference group and normative conceptions about aging as coping strategies in old age]", **Heckhausen, J.** 10th Tagung Entwicklungspsychologie, Cologne, Germany. With Krueger, J. (September 1991).



- "Primäre und sekundäre Kontrollstrategien der Entwicklungsbewältigung im Erwachsenenalter [Primary and secondary control strategies of developmental regulation in adulthood]", **Heckhausen, J.** 10th Tagung Entwicklungspsychologie, Cologne, Germany. (September 1991).
- "Normative conceptions about the life course and their impact on adults' goals for development", **Heckhausen, J.** Sixth Prague International Conference on Psychological Development and Personality Formative Processes, Prague, Czechoslovakia. With Hundertmark, J., Krueger, J. (August 1991).
- "Functional trade-offs in primary and secondary modes of control across the life course: Conceptual issues and overview", **Heckhausen, J.** 11th Biennial Meeting of the International Society for the Study of Behavioral Development (ISSBD), Minneapolis, MN. With Schulz, R. (July 1991).
- "Entwicklungsziele, Kontrollüberzeugungen und Bewältigungsstrategien von Ost- und Westberlinern", **Heckhausen, J.** Colloquium, Institute for Psychology, Humboldt University, Berlin, Germany. (February 1991).
- "Integration psychologischer und soziologischer Ansätze in der Lebenslaufforschung [Integration of psychological and sociological approaches in life-course research]", **Heckhausen, J.** 37th Congress of the Deutsche Gesellschaft für Psychologie, Kiel, Germany. (September 1990).
- "Life-span developmental shifts in conceptions and strategies of control", **Heckhausen, J.** Fourth European Conference on Developmental Psychology, Stirling, Great Britain. With Schulz, R. (August 1990).
- "Adults conceptions about adult development and its controllability", **Heckhausen, J.** International Workshop "Advances in Self-Efficacy Research", Free University Berlin, Germany, Free University Berlin, Germany. (celebrating the honorary degree for Albert Bandura). (June 1990).
- "Optimization in primary and secondary control: A life-span model of successful aging", **Heckhausen, J.** 15th Biennial Meeting of the International Society for the Study of Behavioral Development, Berne, Switzerland. With Schulz, R. (July 1989).

## Contracts, Grants and Sponsored Research

### Grant

Heckhausen, Jutta (Co-Investigator), Cramer, Steven C (Principal Investigator), Scacchi, Walt (Co-Investigator), McKenzie, Alison (consultant), "Telerehabilitation for patients with stroke," NIH - National Institutes of Health, \$566,494.00. (July 1, 2014 - June 30, 2018).

## Professional Service

Longitudinal and Life Course Studies (Journal), Associate Editor. (September 15, 2016 - Present).

Motivation Science, Editorial Review Board Member. (September 1, 2016 - Present).

European Research Council, Ad Hoc Reviewer, Extramural Funding. (October 1, 2015 - Present).

Research in Social Stratification and Mobility, Reviewer. (July 2015 - Present).

Agence Nationale de la Recherche (ANR), Ad Hoc Reviewer. (June 2015 - Present).

Economic and Social Research Council (ESRC), Ad Hoc Reviewer. (June 2015 - Present).

Open research Area in Europe for the social sciences (ORA), Ad Hoc Reviewer. (June 2015 - Present).

Netherlands Organisation for Scientific Research (NOW), Ad Hoc Reviewer. (May 2015 - Present).

Motivation Science, Journal Article Reviewer. (February 2015 - Present).

Research Grants Council (RGC) of Hong Kong, Ad Hoc Reviewer. (January 2015 - Present).

International Journal of Psychology, Journal Article Reviewer. (March 2014 - Present).

American Journal of Community Psychology, Journal Article Reviewer. (June 2011 - Present).

Deutsche Forschungsgemeinschaft (DFG), Ad Hoc Reviewer. (April 2010 - Present).

Advances in Life Course Research, Editorial Review Board Member. (July 2009 - Present).

Gerontology, Editorial Review Board Member. (2009 - Present).

The Finnish Academy of Sciences, Reviewer. (2006 - Present).

Social Sciences and Humanities Research Council of Canada, Reviewer. (2005 - Present).

- Personality and Social Psychology Review, Journal Article Reviewer. (2003 - Present).
- Perspectives on Psychological Science, Journal Article Reviewer. (2003 - Present).
- Psychological Sciences, Journal Article Reviewer. (2002 - Present).
- Journal of Personality and Social Psychology: Personality Processes and Individual Differences, Reviewer. (2000 - Present).
- Journal of Social and Clinical Psychology, Journal Article Reviewer. (2000 - Present).
- National Science Foundation, Reviewer, U.S.A. (2000 - Present).
- Psychological Bulletin, Journal Article Reviewer. (2000 - Present).
- Schweitzer National Fond, Reviewer, Switzerland. (2000 - Present).
- The Journals of Gerontology: Social Sciences, Journal Article Reviewer. (2000 - Present).
- Zeitschrift für klinische Psychologie, Journal Article Reviewer. (2000 - Present).
- Social Development, Journal Article Reviewer. (1998 - Present).
- Personality and Social Psychology Bulletin, Journal Article Reviewer. (1997 - Present).
- Psychological Review, Journal Article Reviewer. (1997 - Present).
- Psychology and Aging, Editorial Review Board Member. (1997 - Present).
- Contemporary Psychology, Journal Article Reviewer. (1995 - Present).
- Current Directions, Journal Article Reviewer. (1995 - Present).
- Developmental Psychology, Journal Article Reviewer. (1995 - Present).
- European Journal of Personality, Journal Article Reviewer. (1995 - Present).

Fonds de la Recherche Scientifique, Reviewer, Belgium. (1995 - Present).

German Research Foundation, Reviewer. (1995 - Present).

International Journal for Behavioral Development, Journal Article Reviewer. (1995 - Present).

Journal of Family Psychology, Journal Article Reviewer. (1995 - Present).

The Journals of Gerontology: Psychological Science, Journal Article Reviewer. (1995 - Present).

The Journals of Gerontology: Psychological Sciences, Editorial Review Board Member. (1995 - Present).

Zeitschrift für experimentelle und angewandte Psychologie, Journal Article Reviewer. (1995 - Present).

Zeitschrift für Pädagogik, Journal Article Reviewer. (1995 - Present).

Zeitschrift für pädagogische Psychologie, Journal Article Reviewer. (1995 - Present).

Zeitschrift für Sozialpsychologie, Journal Article Reviewer. (1995 - Present).

Child Development, Journal Article Reviewer. (May 1990 - Present).

Diagnostica, Journal Article Reviewer. (May 1990 - Present).

ISSBD Newsletter, Reviewer. (1990 - Present).

Revue Internationale de Psychologie Sociale, Journal Article Reviewer. (1990 - Present).

Schweizerische Zeitschrift für Psychologie, Journal Article Reviewer. (1990 - Present).

Zeitschrift für Entwicklungspsychologie und Pädagogische Psychologie, Journal Article Reviewer. (1990 - Present).

Motivation and Career Development through Adulthood. Symposium conducted at the 27th annual convention of the Association for Psychological Science, Co-Chair, New York, NY. (May 2015).

Adaptation and mastery with chronic disease: Personal and social control processes. Symposium conducted at the 26th Convention of the Association for Psychological Science, Co-Chair, San Francisco, CA. (May 2014).

The American dream? Agency, context, and SES pursuit in young adulthood. Symposium conducted at the 26th Convention of the Association for Psychological Science, Chair, San Francisco, CA. (May 2014).

Symposium title: Spread your wings and fly away: Motivational Self-Regulation in the Transition to Adulthood. 6th Annual Meeting of the Society for the Study of Motivation, Society for the Study of Motivation (SSM), Chair and organizer of symposium, Washington, DC. (May 2013).

Symposium title: Beyond Control: Self-Regulation at the End of Life and with Severe Disability. 65th Annual Meeting of the Gerontological Society of America, Gerontological Society of America, Chair with Co-chair Denis Gerstorf, San Diego, CA. (November 2012).

Symposium title: Social Mobility In the Transition to Adulthood: Potential and Limits of Individual Agency. Society for Research in Child Development Themed Meeting "Transitions to Adulthood", chair and organizer, co-chair Jacob Shane, Tampa, FL. (October 2012).

Federal Republic of Germany Excellence Initiative Review Panel Humanities and Social Sciences Graduate Schools, organized by the German Research Foundation, Board of Advisors, Germany. (September 2011 - January 2012).

Symposium title: Engagement and Disengagement Among Older Adults Facing Adaptation Challenges. 64th Annual Scientific Meeting of the Gerontological Society of America, Boston, MA. (November 2011).

Society for the Study of Motivation. (2008 - 2010).

Developmental regulation in German and American adolescents during the transition from school to work. Invited organization of Symposium "Agency in the Transition from School to Work and College", Jena, Germany. (August 2007).

"Youth's agency and social relationships during major transitions: Influences for better or worse", Co-Organizer, San Francisco, CA. (March 2006).

Motivational self-regulation in goal engagement and goal disengagement: Basic processes, individual differences, and their consequences, Palm Springs, CA. (February 2006).

Primary and secondary control striving in different cultures: Comparisons across nations and across ethnic groups in the United States, Asilomar, CA. (October 2005).

Social relationships and life-span development, Ghent, Belgium. (February 2004).

Emerging adulthood in the life course: Cross-national and interdisciplinary perspectives, Tampa, FL. (April 2003).

The life-span theory of control as a paradigm to study illness and disability in old age, Boston, MA. (November 2002).

Successful school to work transitions: Social and psychological resources from a longitudinal perspective, Minneapolis, MN. (May 2001).

Developmental regulation in older adults: Optimizing control and maintaining identity, Chicago, IL. (November 2000).

Entwicklungs- und Selbstregulation bei Altersübergängen und gesellschaftlichen Transformationen, Jena, Germany. (September 2000).

Managing Conceptions About Self and Other: Adaptive Functions for Action and Self-Regulation, Stockholm, Sweden. (July 2000).

Transition from school to work: Developmental Antecedents and consequences, Jena, Germany. (June 2000).

Der Übergang von der Schule in den Beruf [The transition from school to work], Fribourg, Switzerland. (September 1999).

Models of successful development and aging, Berne, Switzerland. (July 1998).

Altersgradierte Struktur des Lebenslaufs als Gerüst entwicklungsbezogenen Handelns: Entwicklungsübergänge, Entwicklungsaufgaben, Entwicklungsziele [The age-graded structure of the life course as a scaffold for action on development: Developmental transitions, developmental tasks, and developmental goals], Vienna, Austria. (September 1997).

Functional priorities between primary and secondary control: Universal or variable across age and culture, Amsterdam, The Netherlands. (July 1994).

Control, aging, and health, Washington, DC. (November 1992).

Entwicklungspsychologische Transformationsforschung im Ost-West Vergleich [Developmental research on historical transformation effects comparing East and West Germany], Trier, Germany. (September 1992).

Aktive Gestaltung und Bewältigung von Entwicklungsübergängen im Erwachsenenalter [Active control and coping with developmental transitions in adulthood], Cologne, Germany. (September 1991).

Primary and secondary modes of control across the life course: Developmental and culture-related differences, Minneapolis, MN. (July 1991).

## **Consulting**

Survey Committee of the Socioeconomic Panel Germany (SOEP), Board of Advisors, Deutsches Institut für Wirtschaftsforschung (DIW), Berlin, Germany, Berlin, Germany. (April 2014 - Present).

Leibniz-Institute for Educational Trajectories (LifBi), Executive Board of Directors, Bamberg, Germany. (December 2013 - Present).

National Center of Competence in Research LIVES, Board of Advisors, Swiss National Science Foundation, Lausanne, Geneva, Switzerland. (July 2011 - Present).

Research Consultant and Graduate Student Instructor, Ruprecht-Karls-Universität Heidelberg, Heidelberg, Germany. (July 2013 - July 2014).

Advisory Board Member for Center for Research in Human Development, Concordia University, Montreal, Canada. (July 2009 - July 2013).

## **TEACHING**

### **Teaching Innovations and Curriculum Development**

Curricular Development, "INTRO TO PSYCHOLOGY", PSY BEH, 9.  
CANVAS

Revise Existing Course, "INTRO TO PSYCHOLOGY", PSYCH, 7, A.

Revise Existing Course, "LIFE SPAN DEV PSYCH", PSY BEH, 101, D.

Curricular Development, "Life Span Dev Psych", PSY BEH, 101D.  
Reformat existing Summer online course for 10-week quarter

New Course, "Life Span Dev Psych", PSY BEH, 101D.  
Online course

New Course, "Life Span Developmt", PSY BEH, 275.

Curricular Development, "Introduction to Psychology", PSY BEH, 9/7A.  
Developed an Online Class "Introduction to Psychology" (PSYBEH 9/PSYCH 7) that was taught for the first time in Summer Session 2, 2010 (enrollment 86 students)

### **Teaching Interests**

Life-Span Developmental Psychology  
Motivation

### **Postdoctoral Research Supervision**

2005 - September 2007, Nathan C. Hall  
1998 - 1999, Carsten Wrosch  
at Max Planck Institute for Human Development and Education, Berlin, now Professor of Psychology, Concordia University, Montreal, Canada  
1993 - 1996, William W. Fleeson  
at Max Planck Institute for Human Development and Education, Berlin, now Ollen R. Nalley  
Associate Professor at Wake Forest University.  
1989 - 1991, Joachim Krueger  
at Max Planck Institute for Human Development and Education, Berlin, now Professor of Psychology, Brown University

### **Doctoral Committee**

July 2014 - Present, Brandilynn Villarreal, Chair  
December 2014, Jacob Shane, Chair  
Title "The road taken: Social mobility in the transition to adulthood"  
May 2014, Brandilynn Villarreal, Chair  
Alison Clarke-Stewart Graduate Dissertation Award in Developmental Psychology, 2014  
May 2013, Jacob Shane, Chair  
Alison Clarke-Stewart Graduate Dissertation Award in Developmental Psychology, 2013  
September 2005 - September 2011, Jared Lessard, Member  
March 2010, Renee Ellis, Member  
External Member  
February 2010, David Tannenbaum, Member  
2005 - 2009, Carrie Carmody, Advisor  
August 2009, Sebastian Grüner, Member  
External Member, Friedrich-Schiller University Jena, Germany  
September 2008, Martin Tomasik, Member  
External Member, Friedrich-Schiller University, Jena  
December 2007, Claudia Haase, Member  
External Member Friedrich-Schiller University, Jena  
September 2007, Eileen Haddad, Advisor  
co-advisor  
September 2007, William Chung, Advisor  
co-advisor



December 2004 - July 2007, Heather Lench, Member  
February 2006 - June 2007, Esther S. Chang, Co-Chair  
June 2004 - December 2006, Michael J. Poulin, Member  
June 2003 - March 2006, Susan Farruggia, Member  
December 2003 - March 2005, Shahrzad Mavandadi, Member  
May 2004 - December 2004, Laura Zettel, Member  
January 2002 - September 2004, Kimberley A. Babb, Member  
August 2001 - September 2004, Dara H. Sorkin, Member  
2003, Regina Wolf, Member  
(Free University Berlin, external member)  
1999, Jutta Hundertmark, Chair  
Free University Berlin  
1997, Carsten Wrosch, Chair  
Free University Berlin

### **Doctoral Candidacy Committee**

April 2014 - August 2015, Joseph Kay, Chair  
Title "Hot and cold paths to academic and social goals in adolescence: Implicit motives, explicit goals, self-regulation, and how parents can make a difference"  
August 2013 - June 2014, Brandilynn Villarreal, Chair  
Title "When ambitions aren't enough: The role of motivation, self-regulation, and individual agency in higher-education goal pursuit"  
August 2012 - June 2013, Jacob Shane, Chair  
Received the 2013 Alison Clarke-Stewart Graduate Dissertation Award  
September 2009, Megan Tones  
Queensland University of Technology, Australia, External Examiner  
May 2009, Jared Lessard, Advisor  
Co-advisor and Member  
December 2005, Pamela King, Member  
December 2003, Ted Wrigley, Member  
external committee member

### **Predissertation Committee**

March 2014 - Present, Katharina Kriegbaum, Advisor  
Visiting graduate researcher from March 2014 to September 2014; continued collaborative work at University of Heidelberg, Germany  
June 2012 - Present, Anja Sommer, Member  
Title: "Entwicklung und Validierung eines Beobachtungs-Instruments zur Erfassung spezifischer elterlicher Responsivität [Development and validation of an assessment instrument for parental responsivity]", University of Bamberg, Germany  
September 2013 - August 2014, Frank Deryck, Advisor  
September 2010 - May 2012, Brandilynn Villarreal, Chair  
2nd year project "What's in a Quarter? The Impact of Feedback on Students' Course Aspirations and Goal-Engagement Behaviors", completed May 2012  
September 2009 - May 2011, Jacob Shane, Advisor  
2nd year project "Perceptions of Past, Present, and Future Social Status: Causal Conceptions and Control Strivings" completed in May 2011

### **Directed Individual/Independent Study**

June 2013, Joseph Kay, Co-Chair  
Title "Perceptions of sources of social support, conflict and their mental health implications for adolescents and young adults with cancer"; 2nd year project

## Master's Thesis Committee

September 2012 - August 2013, Janice Phung, Member  
September 2011 - December 2012, Robert Garcia, Chair  
Title "Effects of Peer Influence on Task Motivation"  
2007, Laura Gil-Trejo, Chair  
2004, Martin Tomasik, Member  
Free University Berlin (external member)  
2003, Bettina Hollube, Member  
Free University Berlin (external member)  
2003, Nicole Radzei, Member  
Free University Berlin (external member)  
2002, Gabriel Nagy, Member  
Free University Berlin (external member)

## Undergraduate Honors Thesis

May 15, 2016, Iliana Limas, Supervisor  
UROP project: "Academic Stress in University Students and its Relationship to Motivation and Mental and Physical Health", presented at UROP conference, May 2016  
May 2015, Yoo Mee Lee, Supervisor  
Title: "The Role of Congruent Motives in Community College Student's Academic Achievement"  
May 2014, Cynthia Sanchez, Advisor  
Title "Community college students' motivation and its influence on transfer-related activities;" also was student awardee for 2014 Chancellor's Award for Excellence in Fostering Undergraduate Research  
September 2012 - May 2013, Shichun Ling, Supervisor  
September 2012 - May 2013, Vinnie Wu, Supervisor  
presented poster at Annual Meeting of Society for the Study of Motivation, May 2013  
September 2011 - January 2013, Wardah Arif, Supervisor  
September 2011 - May 2012, Gina Shirinian, Supervisor  
September 2010 - May 2011, Lauren Edler, Supervisor  
Campus-wide Honors Program

## Undergraduate Research Supervision

September 2013 - June 2016, Ashlie Chu, Cyla Grisso, Paula Hervias-Cardona, Brianna Jaramillo, Gordon Li, Liwen Zhang, Hilary Wek, Karly Smith, Gabriel Corpus, Monica Garcia, Lorena Hernandez, Hye Jung Park, Jacqueline Ruddy, Jennifer White, Yoselinda Mendoza, Gabriela Hernandez, Iliana Limas, Maria Merino, Yuwei Wang, Enease Mansoorian, Ruby Miu, Matthew Stevi, Oscar Gonzalez, Yoo Mee Lee, Amatia Godbodaghi, Priscilla Yau, Angela Pineiro, Chris King, Kristi Wong, Irma da Silva, Tyler Snowden, Advisor  
Various starting and completion dates between September 2013 and June 2015  
May 15, 2016, Chris King, Kristi Wong, Irma da Silva, Tyler Snowden, Supervisor  
funded UROP group; presented at UROP conference, May 2016  
May 15, 2016, Gabriela Hernandez, Maria Merino, Amatia Golbodaghi, Priscilla Yau, Supervisor  
funded UROP group; presented at UROP conference, May 2016  
May 2015, Gabriela Hernandez, Iliana Limas, Maria Merino, Yuwei Wang, Supervisor  
Title "Motivation, self-regulation, and individual agency in higher-education goal pursuit"; funded UROP group; presented at UROP conference, May 2015  
May 2015, Yoo Mee Lee, Enease Mansoorian, Supervisor  
Title "The role of congruent motives in community college students"; funded UROP group; presented at UROP conference, May 2015  
May 2014, Ashlie Chu, Huang Li, Liwen Zhang, Supervisor

Title "Cultural influence on goal pursuit during the transition to adulthood" UROP group funding; presented at UROP conference, May 2014  
May 2014, Cyla Grisso, Hilary Wek, Karly Smith, Supervisor  
Title "Perceived opportunities for social mobility in young adulthood: The impact of career objectives" UROP group funding; presented at UROP conference, May 2014  
May 2014, Cynthia Sanchez, Supervisor  
Title "Community college students' motivation and its influence on transfer-related activities" UROP funding; presented at UROP conference  
May 2014, Deepa Puthran, Supervisor  
Title "Matching transfer student obstacles with discrepancies in time to transfer"; UROP funded, presented at UROP conference, May 2014  
May 2014, Paula Hervias-Cardona, Lorena Hernandez, Brianna Jaramillo, Supervisor  
Title "Why did you make that choice? Gender differences in American's goal pursuit" UROP group funding; posters at UROP conference May 2014 and at the Conference of the Society for the Study of Motivation, San Francisco, May 2014  
May 2014, Yoselinda Mendoza, Supervisor  
Title "A cross-ethnic comparison of motivation and goal engagement in community college students" UROP funding; presented at UROP conference, May 2014  
September 2010 - June 2013, Anisa Arain, Wardah Arif, Rebecca Balestieri, Ankita Bilolika, Victoria Bubolz, Amanda Covelli, Lauren Edler, Malika Erickson, Stephanie Fischer, Joshua Hammond, Justin Huft, Zinab Jawed, Daniel Kim, Jun Koizumi, Joo Lee, Tiffani Mak, Caroline Manimtim, Ila Markarian, Yoselinda Mendoza, Richard Minor, Bobak Mogadam, Amber Morley, Adriana Naranjo, Daniel Poissant, Michelle Probst, Deepa Puthran, Christopher Rodrigues, Gina Shirinian, Nadine Sidhom, Leland Simpliciano, Suzan Slavsky, Blake Soderstrom, Bonnie To, Annette Tran, Stephanie Tsai, Tracy Villegas, Jerry Wang, Hilary Wek, Shay Willard, Anita Wong, Vinnie Wu, Melody Yang, Advisor  
Various starting and completion dates between September 2010 and June 2013  
September 2012 - May 2013, Anisa Arain, Zinab Jawed, Bonnie To, Supervisor  
UROP group project: "Looking forward: Impact of societal beliefs and motivational strategies on social mobility during young adulthood", funded in 2012/13, presented at UROP symposium May 2013  
September 2012 - May 2013, Tiffany Mak, Shichun Ling, Supervisor  
UROP group project: "When I'm older: Age-related changes in the endorsement of the American Dream", funded in 2012/13, presented at UROP symposium May 2013  
September 2012 - May 2013, Victoria Bubolz, Daniel Poissant, Deepa Puthran, Yoselinda Mendoza, Supervisor  
UROP group project "The impact of changing majors on students' motivation, well-being, and academic performance", funded in 2012/13, presented at UROP symposium May 2013  
September 2011 - May 2012, Ila Markarian, Leland Simpliciano, Gina Shirinian, Supervisor  
UROP group project "Motivation and self-regulation in transfer students: Relations to beliefs about future career", funded in 2011/12, presented at UROP symposium May 2012  
2009 - June 2010, Alexandria Delgado  
UROP funding, presentation at UROP symposium  
2008 - 2009, Leslie Gutierrez  
UROP funding, presentation at UROP symposium, Excellence in Research  
2005 - 2006, Bernadeth Torres  
UROP, Excellence in Research 2005-2006 (co-advisor with Chuansheng Chen)  
2005, Christine Marie Cruz  
P199  
2005, Melinda Staros  
P199  
2004 - 2005, Daniel Park  
UROP, Excellence in Research 2004-2005, P199 Fall 2004 and Winter 2005  
2001 - 2002, Justin Penner  
UROP, 2001-2002, Social Ecology Honors, Program, 2001-2002

## **Internship**

June 2013 - August 2013, Frank Deryck, Supervisor  
Competitive Edge Program, UCI Graduate Division

## **SERVICE**

### **Department Service**

Merit and Promotion Committees.

Member, Long-Range Planning Committee. (May 2013 - Present).

Chair, Long-Range Planning Committee. (September 2012 - April 2013).

Member, Graduate Student Admission Committee. (2009 - 2010).

Chair, Colloquium Committee. (2002 - 2006).

Founder and Director of Excellence in Research program for PSB undergraduates. (2004 - 2005).

Chair, Undergraduate Education Committee. (2004 - 2005).

Chair, Long-Range Planning Committee. (2002 - 2004).

Member, Graduate Student Admission Committee. (2002 - 2003).

Member, Search Committee for Senior Health Psychologist. (2002 - 2003).

### **School/College Service**

Member, Executive Faculty Committee. (2009 - 2010).

Member, Student Award Committee. (2000 - 2004).

### **University Service**

Member, Steering Committee for Strategic Planning for the School of Medicine. (September 2009  
- Present).

Member, Academic Planning Committee. (September 2014 - August 2015).

Member, Academic Senate, Academic Council. (September 2014 - August 2015).

Chair, Academic Senate, Coordinating Committee for Graduate Affairs. (September 2014 - August 2015).

Member, APC Work Group on Proposed Self-Supporting Graduate Professional Degree Programs (SSGPDPs). (September 2014 - August 2015).

Member, UC Doctoral Student Support Steering Committee. (September 2014 - August 2015).

Member, Workgroup to Review the Guiding Principles for Faculty Involvement in Dean Search and Dean Review Committees. (December 2012 - September 2014).

Vice-Chair, Academic Senate, Coordinating Committee for Graduate Affairs. (September 2013 - August 2014).

Member, Academic Planning Group. (September 2012 - August 2014).

Member, Academic Senate Cabinet. (September 2012 - August 2014).

Chair, Academic Senate, Graduate Council. (September 2012 - August 2014).

Chair, Academic Senate, Graduate Council Subcommittee on Graduate Mentoring and Program Structure. (September 2012 - August 2014).

Member, Budget Work Group. (September 2012 - August 2014).

Member, Provost Advisory Committee for Online Instruction. (September 2012 - August 2014).

Member, Academic Senate, Coordinating Committee for Graduate Affairs. (September 2012 - August 2013).

Member, Council on Planning and Budget. (September 2010 - August 2012).

Member, Academic Planning Group. (September 2008 - September 2011).

Budget Work Group. (September 2008 - September 2011).

Chair of Subcommittee on Graduate Time-to-Degree and Program Structure, Task Force for Graduate Student Funding. (2009 - 2010).

Academic Planning Group. (2008 - 2009).

Chair, Academic Senate. (2008 - 2009).

Member, Academic Senate, system-wide Academic Council. (2008 - 2009).

Member, Academic Senate, Cabinet. (2005 - 2009).

Chair-Elect, Academic Senate. (2007 - 2008).

Academic Senate, Ad Hoc Committee on Shared Governance. (2007 - 2008).

Chair, Academic Senate, Special Senate Committee on Graduate Housing. (2006 - 2007).

Chair, Academic Senate, Graduate Council. (2005 - 2007).

Member, Academic Senate, Graduate Council. (2004 - 2007).

Member, Coordinating Committee for Graduate Affairs. (September 2005 - September 2007).

Member, Academic Senate system-wide, Coordinating Committee for Graduate Affairs. (2005 - September 2007).

Member and chair, Search Committee for UCI Graduate Dean. (2006).

Cross-departmental committee on revisions to the psychology majors at UCI. (2004 - 2005).

Member, Academic Senate, Academic Program Review Committee. (2003 - 2005).

Member, Academic Senate, Committee on International and Continuing Education. (2000 - 2004).

Member, Academic Senate, Council for Educational Policy. (October 1, 2003 - December 31, 2003).

Chair, Academic Senate, Ad Hoc Review Committee for Council on Academic Personnel. (June 2002).

Faculty advisor to a small group of Undecided/Undeclared freshman students. (September 2001 - June 2002).