

# Are you the primary caregiver of a loved one with dementia?

The Dementia Family Caregiver Support Study is seeking primary family caregivers of persons with dementia

## What is this study about?

The role of a family caregiver can be challenging. This study seeks to determine if caregivers of family members/significant others with dementia will benefit from the education we provide during visits to your home.

## Why participate?

- You may contribute to the scientific knowledge of dementia family caregivers' stress, depression, and sleep.
- You will receive up to \$200 and a smartwatch and smart ring for completing the 6-month long study.
- You will receive information about available community resources for dementia family caregivers.



## Who can participate?

You can participate in this study if you are:

- 18 years or older
- a relative or significant other and the primary caregiver for a person with dementia (Alzheimer's disease or related dementias)
- self-report your ethnicity/race as Latino/Hispanic, Vietnamese, Korean or non-Hispanic White, and
- willing to wear a smart watch and smart ring for three months.



If you are interested, please contact us for more information



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