

Early Adolescent Temperament Questionnaire - Revised Short Form

Directions

On the following page you will find a series of statements that people might use to describe themselves. The statements refer to a wide number of activities and attitudes.

For each statement, please circle the answer that best describes how true each statement is **for you**. There are no best answers. People are very different in how they feel about these statements. Please circle the first answer that comes to you.

You will use the following scale to describe how true or false a statement is about you:

Circle number:

If the statement is:

- | | |
|---|---|
| 1 | Almost always untrue of you |
| 2 | Usually untrue of you |
| 3 | Sometimes true, sometimes untrue of you |
| 4 | Usually true of you |
| 5 | Almost always true of you |

NOTE: Please make certain to answer all questions on BOTH SIDES of the page.

Please tell us:

Your date of birth: _____

Your gender: M / F

Family ID code: _____

How true is each statement for you?	Almost always untrue	Usually untrue	Sometimes true, sometimes untrue	Usually true	Almost always true
1) It is easy for me to really concentrate on homework problems.	1	2	3	4	5
2) I feel pretty happy most of the day.	1	2	3	4	5
3) I think it would be exciting to move to a new city.	1	2	3	4	5
4) I like to feel a warm breeze blowing on my face.	1	2	3	4	5
5) If I'm mad at somebody, I tend to say things that I know will hurt their feelings.	1	2	3	4	5
6) I notice even little changes taking place around me, like lights getting brighter in a room.	1	2	3	4	5
7) I have a hard time finishing things on time.	1	2	3	4	5
8) I feel shy with kids of the opposite sex.	1	2	3	4	5
9) When I am angry, I throw or break things.	1	2	3	4	5
10) It's hard for me not to open presents before I'm supposed to.	1	2	3	4	5
11) My friends seem to enjoy themselves more than I do.	1	2	3	4	5
12) I tend to notice little changes that other people do not notice.	1	2	3	4	5
13) If I get really mad at someone, I might hit them.	1	2	3	4	5
14) When someone tells me to stop doing something, it is easy for me to stop.	1	2	3	4	5
15) I feel shy about meeting new people.	1	2	3	4	5
16) I enjoy listening to the birds sing.	1	2	3	4	5
17) I want to be able to share my private thoughts with someone else.	1	2	3	4	5
18) I do something fun for a while before starting my homework, even when I'm not supposed to.	1	2	3	4	5
19) I wouldn't like living in a really big city, even if it was safe.	1	2	3	4	5
20) It often takes very little to make me feel like crying.	1	2	3	4	5
21) I am very aware of noises.	1	2	3	4	5
22) I tend to be rude to people I don't like.	1	2	3	4	5
23) I like to look at the pattern of clouds in the sky.	1	2	3	4	5
24) I can tell if another person is angry by their expression.	1	2	3	4	5
25) It bothers me when I try to make a phone call and the line is busy.	1	2	3	4	5
26) The more I try to stop myself from doing something I shouldn't, the more likely I am to do it.	1	2	3	4	5
27) I enjoy exchanging hugs with people I like.	1	2	3	4	5
28) Skiing fast down a steep slope sounds scary to me.	1	2	3	4	5
29) I get sad more than other people realize.	1	2	3	4	5
30) If I have a hard assignment to do, I get started right away.	1	2	3	4	5
31) I will do most anything to help someone I care about.	1	2	3	4	5
32) I get frightened riding with a person who likes to speed.	1	2	3	4	5

33) I like to look at trees and walk amongst them.	1	2	3	4	5
34) I find it hard to shift gears when I go from one class to another at school.	1	2	3	4	5
35) I worry about my family when I'm not with them.	1	2	3	4	5
36) I get very upset if I want to do something and my parents won't let me.	1	2	3	4	5
37) I get sad when a lot of things are going wrong.	1	2	3	4	5
38) When trying to study, I have difficulty tuning out background noise and concentrating.	1	2	3	4	5
39) I finish my homework before the due date.	1	2	3	4	5
40) I worry about getting into trouble.	1	2	3	4	5
41) I am good at keeping track of several different things that are happening around me.	1	2	3	4	5
42) I would not be afraid to try a risky sport, like deep-sea diving.	1	2	3	4	5
43) It's easy for me to keep a secret.	1	2	3	4	5
44) It is important to me to have close relationships with other people.	1	2	3	4	5
45) I am shy.	1	2	3	4	5
46) I am nervous of some of the kids at school who push people into lockers and throw your books around.	1	2	3	4	5
47) I get irritated when I have to stop doing something that I am enjoying.	1	2	3	4	5
48) I wouldn't be afraid to try something like mountain climbing.	1	2	3	4	5
49) I put off working on projects until right before they're due.	1	2	3	4	5
50) When I'm really mad at a friend, I tend to explode at them.	1	2	3	4	5
51) I worry about my parent(s) dying or leaving me.	1	2	3	4	5
52) I enjoy going places where there are big crowds and lots of excitement.	1	2	3	4	5
53) I am not shy.	1	2	3	4	5
54) I am quite a warm and friendly person.	1	2	3	4	5
55) I feel sad even when I should be enjoying myself, like at Christmas or on a trip.	1	2	3	4	5
56) It really annoys me to wait in long lines.	1	2	3	4	5
57) I feel scared when I enter a darkened room at home.	1	2	3	4	5
58) I pick on people for no real reason.	1	2	3	4	5
59) I pay close attention when someone tells me how to do something.	1	2	3	4	5
60) I get very frustrated when I make a mistake in my school work.	1	2	3	4	5
61) I tend to get in the middle of one thing, then go off and do something else.	1	2	3	4	5
62) It frustrates me if people interrupt me when I'm talking.	1	2	3	4	5
63) I can stick with my plans and goals.	1	2	3	4	5
64) I get upset if I'm not able to do a task really well.	1	2	3	4	5
65) I like the crunching sound of autumn leaves.	1	2	3	4	5