Alcohol Abuse

Alcohol, the most abused drug.

28% of traffic related deaths, in 2016, were due to alcohol impaired driving.

What can it do to your body?

- Altered brain development
- Heart problems/high blood pressure
- Inflammation of the pancreas
- Blackouts and memory lapses
- Chronic liver damage
- Immune system damage

Consequences of underage drinking

- Legal problems
- School problems, failing grades
- Abuse of other drugs
- Physical and sexual assault
- Unintentional injuries
- Alcohol poisoning
- Loss of loved ones
- Risk of suicide and homicide
People who start drinking before age 15 are 4x more likely to become alcohol-dependent later in life.

11% of alcohol consumed in the United States is by people 12-20 years old.

Binge drinking, more common in young people than adults, quickly leads to intoxication. Between ages 9-13 this can be after as few as 3 drinks over 2 hours. College campuses also have a culture of binge drinking, which is influenced by peer pressure.

Binge drinking can lead to death.

EFFECT OF ALCOHOL

HEART DISEASE
NAUSEA
CANCER
AMNESIA
SEXUAL DYSFUNCTION

ARRESTED
DEATH

ACCIDENT

GETTING HELP
In an emergency call 911
For substance abuse referrals call 1-800-662-HELP or visit https://drugfree.org/ or https://www.findtreatment.samhsa.gov/