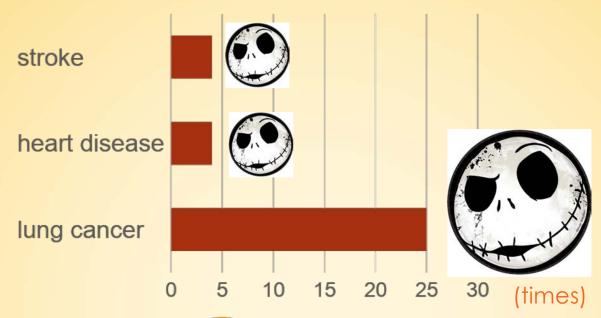
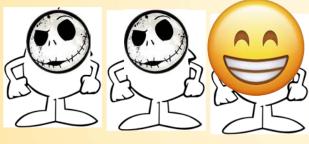
Tobacco smoking increases the risks of:





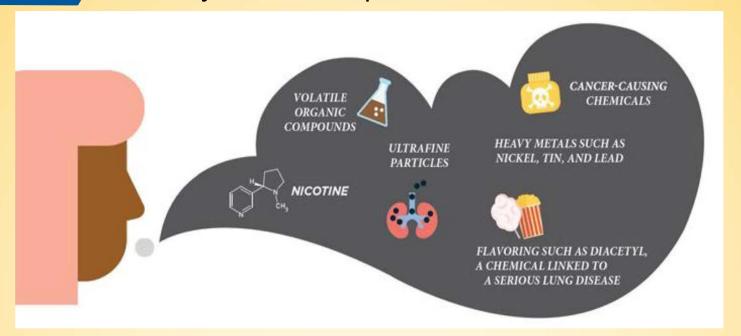
If nobody smoked, 1 out of 3 cancer deaths in the U.S. would not happen.



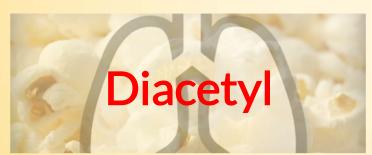
Secondhand smoke causes 40,000 deaths due to cancer and heart disease every year in the US

What about E-cigarettes?

E-Cigs deliver nicotine and other harmful chemicals It is not just water vapor!



Heat in E-Cigs can create dangerous vapors containing:





E-cig users are about 4 times more likely to start smoking within 6 months





Need Help or Want More Information?

Visit: https://teen.smokefree.gov

Call: 1-800-QUIT-NOW