


THE HARMFUL EFFECTS OF CANNABIS

Teen brains are still developing and are more vulnerable to drug use. Cannabis use can **negatively** impact health, well-being, school performance, and future employment.

SHORT-TERM EFFECTS

- Problems with learning, memory, and cognition
- Rapid heart rate
- Disorientation
- Anxiety, paranoia
- Reddening of eyes

MOST MARIJUANA USE BEGINS IN
ADOLESCENCE



78%
of the 2.4 million people who began using in the last year were aged 12 to 20.¹

FEDERALLY ILLEGAL



- High abuse potential
- Federally considered to have no accepted medical use

TEEN CANNABIS USERS ARE MORE LIKELY TO BECOME ADDICTED.

EVERY DAY,
3,287 TEENS
USE MARIJUANA
FOR THE
FIRST TIME¹

THC VS. CBD

THC

- Psychoactive
- Medical and recreational uses

CBD

- **Non-**psychoactive
- Medical uses
- Clothing, body care

LONG-TERM EFFECTS

- **Impaired** attention & ability to learn
- **Lower** IQ (up to 8 points)
- **Lower** life satisfaction
- **Severe** withdrawal effects (depression, insomnia, anxiety)
- **Irregular** heart rate & **Increased risk** of acute coronary syndrome
- Risk of using other substances



INFORMATION SOURCE

- Centers for Disease Control and Prevention
- Volkow et al. JAMA Psychiatry (2016)
- Hall & Degenhardt Lancet (2009)
- Substance Abuse and Mental Health Services Administration
- National Institute on Drug Abuse

