

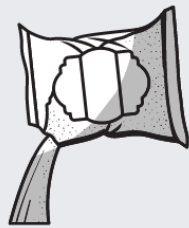
WHAT HAPPENS WHEN YOU TAKE STIMULANTS?



Both **cocaine** and **methamphetamine** are classified as *stimulants*, and each one can affect your body differently.

Cocaine

is made from leaves of the Coca plant and has a high potential for addiction.



True or False?

"Nobody dies from cocaine anymore."

FALSE! Drug overdose deaths involving cocaine **increased** from **3,822 in 1999** to **15,883 in 2019** (source: NIDA Trends/Stats).

HOW it makes you feel:

Alert
Euphoric
Anxious
Paranoid



WHY you feel that way:

Cocaine stimulates your sympathetic nervous system, constricts blood vessels, and hijacks the brain region involved in reward.

WHAT it can do to you:

Heart failure
Seizures
Brain aneurysm/Neuronal degeneration and **death**



Methamphetamine

is a completely man-made drug and is incredibly addictive due to its long acting stimulant effects in the body.



True or False?

"Those before- and-after pictures are only rare and extreme cases of meth abuse."

FALSE! Meth abuse can lead to **dangerous physical AND psychological dependence**, with symptoms ranging from anxiety to lasting brain damage.

HOW it makes you feel:

Energized
Confused
Anxious
Irritable



WHY you feel that way:

Meth increases the amount of dopamine in your brain, similar to cocaine, and chronic use can change your perception of reward.

WHAT it can do to you:

Insomnia
Psychosis
Memory deterioration with long-term use and **death**

Why Should You Care?

Substance use disorder can happen to **anyone**, including you.

85% of overdose deaths involved illicitly manufactured fentanyl, heroin, cocaine, or methamphetamine (alone or in combination) during January–June 2019 (source: CDC).