

DANA ROSE GARFIN

Curriculum Vitae

100C Berk Hall, University of California, Irvine, CA 92697

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Lab website: <http://faculty.sites.uci.edu/garfinlab>

EDUCATION

- 2013 Ph.D., Psychology and Social Behavior
Specializations: Social Psychology & Quantitative Methods
University of California, Irvine
- 2010 M.A., Social Ecology
University of California, Irvine
- 2002 B.A., Sociology (minor in Political Science), *summa cum laude*
University of Colorado Boulder

EMPLOYMENT

- 2021-present Assistant Adjunct Professor, Department of Health, Society, & Behavior
Program in Public Health
University of California, Irvine
- 2019-present Assistant Adjunct Professor, Sue & Bill Gross School of Nursing
University of California, Irvine
- 2017-2019 Assistant Researcher, Sue & Bill Gross School of Nursing
University of California, Irvine
- 2015-2021 Lecturer, Department of Psychological Science
University of California, Irvine
- 2015-2017 Statistical Consultant, Program in Nursing Science
University of California, Irvine
- 2013-2017 Research Scientist/Postdoctoral Scholar, Department of Psychological Science
University of California, Irvine

RESEARCH INTERESTS AND EXPERTISE

Post-disaster Mental Health
Community Responses to Negative Events
Stress and Coping across the Lifespan
Epidemiology of Mental Health
Survey Design and Sampling Techniques

Community-based Interventions
Participatory-research Approaches
Health Disparities
Mindfulness-based Interventions
Mixed-methods Research

QUANTITATIVE SKILLS

Longitudinal Data Analysis
Hierarchical Linear Modeling
Structural Equation Modeling
Logistic Regression
Generalized Estimating Equations

Complex Survey Analysis
Latent Class/Profile Analysis
Data Imputation Techniques
Analysis of Variance
Multivariate Linear Regression

POSTGRADUATE TRAINING WORKSHOPS

2021 Mindfulness-Based Stress Reduction Trainer Qualification
University of California, San Diego, Center for Mindfulness

2020 Harvard Catalyst, FACTOR – Fundamentals of Clinical and Translational Research

2020 Mindfulness-Based Stress Reduction Teacher Training Intensive and Practicum
University of California, San Diego, Center for Mindfulness

2019 “Spit Camp” Biosalivary Science Training, University of California, Irvine

2019, 2020 Qualitative Research Intensive, University of North Carolina, Chapel Hill

2019 Introduction to Randomized Control Trials, University of California, Irvine

2019 Training in the Responsible Conduct of Research, University of California, Irvine

2015 Course Design Certificate Program, UCI Center for Engaged Learning

FELLOWSHIPS, HONORS, & AWARDS

2021 Outstanding Contribution to Trauma Psychology by an Early Career Psychologist Award,
American Psychological Association (Division 56)

2021 ICTHP Emerging Leadership Award, American Public Health Association

2021-2022 Mixed Methods Research Training Program for the Health Sciences Scholar
National Institute of Health, Office of Behavioral and Social Science Research

2015 UC Irvine Tom Angell Fellowship for Postdoctoral Mentoring Achievement and Excellence
(inaugural campuswide award recipient)

2013 Social Ecology Dean’s Dissertation Writing Fellowship, University of California, Irvine

2013 Travel Award and Selected Participant: Society for the Psychological Study of Social Issues
Summer Policy Workshop

2012 PERISHIP Fellowship in Hazards, Risk, and Disasters, University of Colorado

2011 Public Impact Fellowship, Honorable Mention, University of California, Irvine

2011 International Society for Traumatic Stress Studies Student Research Award

2011 National Institute of Health, Fogarty International, Framework Program for Global Health
Graduate Travel Fellowship

2010 Newkirk Center for Science and Society Graduate Student Research Fellowship, University of
California, Irvine

2010 Society for the Psychological Study of Social Issues Grant-In-Aid

2009, 2010	Social Ecology Graduate Mentoring Award
2008, 2009	National Science Foundation Graduate Research Fellowship Honorable Mention
2007-2011	Research Travel Grants, University of California, Irvine
2007	School of Social Ecology Graduate Fellowship, University of California, Irvine
2006	Research Travel Grant, San Francisco State University
2006-2007	Dean's Honor List, San Francisco State University
2002	Undergraduate Research Opportunities Programs, University of Colorado Boulder
2001-2002	Americorps Service Education Grant, educational grant awarded for over 450 hours of community service per academic year
1998-2002	Dean's Honor List, University of Colorado at Boulder

EXTRAMURAL RESEARCH GRANTS

2019-2024	K01 National Institute of Health (Institute of Minority Health and Health Disparities), Mindfulness-based Intervention to Address PTSD in Trauma-exposed, Homeless Women (PI)	\$743,362
2020-2021	National Science Foundation, RAPID Uncertain Risk and Stressful Future: A National Study of the COVID-2019 Outbreak in the U.S. (co-PI with R. Silver & E. Holman)	\$200,000
2020-2021	National Science Foundation, RAPID Compounding Crises: Facing Hurricane Season in the Era of COVID-19 (co-PI with G. Wong-Parodi)	\$199,890 subaward amount: \$63,424
2021-2022	National Science Foundation: Responding to turbulent times: Coping with the COVID-19 Pandemic and Its Aftermath in a Probability-based U.S. National Sample (co-PI with R. Silver & E. Holman)	\$363,998

PUBLICATIONS:

JOURNAL SPECIAL ISSUE

Garfin, D. R. (Guest Associate Editor) (2016). *Translational Issues in Psychological Science: Special Issue on Trauma*.

JOURNAL ARTICLES AND BOOK CHAPTERS

41. **Garfin, D. R.** & Estes, K. (in press, 2022). The collective trauma and chronic stress of COVID-19: risk and resilience. In M. Miller *The Social Science of the COVID-19 Pandemic: A Call to Action for Researchers*. Oxford Press.
40. **Garfin, D. R.**, Fischhoff, B., Holman, E. A., & Silver, R. C. (in press, 2021). Risk perceptions and health behaviors during the emergence of COVID-19 in the United States: Results from a probability-based nationally representative sample. *Journal of Experimental Psychology: Applied*.
<https://doi.org/10.1037/xap0000374>
39. Nyamathi, A. M., Salem, B. E., Jones, A. A., **Garfin, D. R.**, Yadav, K., Chang, A., White, K., &

- Morisky, D. (2021). Impact of a nurse-led, community health worker intervention on latent tuberculosis medication completion among homeless adults. *Nursing Research*. doi: 10.1097/NNR.0000000000000545
38. Robert, M. Stene, L. E., **Garfin, D. R.**, Motreff, Y., & Pirard, P. (2021). Media exposure and posttraumatic stress symptoms in the wake of the November 2015 Paris terrorist attacks: A population-based study in France. *Frontiers in Psychology*. doi: 10.3389/fpsy.2021.509457
 37. Blosnich, J., **Garfin, D. R.**, Maguen, S., Vogt, D., Dicheter, M. E., Hoffmirre, C.A., Bernhard, P. A., & Schneiderman, A. (2021). Differences in childhood adversity, suicidal ideation, and suicide attempt among veterans and nonveterans. *American Psychologist*, 76(2), 284–299. <https://doi.org/10.1037/amp0000755>
 36. Silver, R. C., Holman, E. A., & **Garfin, D. R.** (2021). Coping with cascading collective traumas in the United States. *Nature Human Behaviour*, 5, 4-6 (published ahead of print October 26, 2020). <http://doi:10.1038/s41562-020-00981-x>
 35. **Garfin, D. R.**, Morisky, D., Shin, S. S., Salem, B., Yadav, K., Deguzman, R., Harvey, G., Adams, I., Halas, K., Chang, K., White, K., Wu, J., & Nyamathi, A. M. (2020). Correlates of depression and anxiety among homeless adults with latent tuberculosis infection. *Journal of Health Psychology*. <https://doi.org/10.1177/1359105320956693>
 34. **Garfin, D. R.**, Silver, R. C., & Holman, E. A. (2020). The novel Coronavirus (COVID-2019) outbreak: Amplification of public health consequences by media exposure. *Health Psychology*, 39(5), 355-357. <http://dx.doi.org/10.1037/hea0000875>

3rd most downloaded article of 2020 (across 89 journals) published by the American Psychological Association

Abstracted in Too much Coronavirus media exposure may be bad for your health. American Psychological Association Journals Spotlight, March 2020.

Abstracted in A. Berezow (2021, January 22). COVID: Media literally makes us sick with non-stop bad news. American Council on Science and Health.
 33. **Garfin, D. R.**, Holman, E. A., & Silver, R. C. (2020). Exposure to prior negative life events and responses to the Boston Marathon bombings. *Psychological Trauma: Theory, Research, Practice, and Policy*, 12, 320-329. <http://doi: 10.1037/tra0000486>
 32. **Garfin, D. R.** (2020). Technology as a coping tool during the COVID-19 pandemic: Implications and recommendations. *Stress & Health*, 36, 555-559. <https://doi.org/10.1002/smi.2975>
 31. Kofman, Y. B., & **Garfin, D. R.** (2020). Home is not always a haven: The domestic violence crisis amid the COVID-19 pandemic. *Psychological Trauma: Theory, Research, Practice, and Policy*, 12(S1), S1990S201. <http://doi: 10.1037/tra0000866>
 30. Holman, E. A., Thompson, R. R., **Garfin, D. R.**, & Silver, R. C. (2020). The unfolding COVID-19 pandemic: A probability-based, nationally representative study of mental health in the United States. *Science Advances*, 6, eabd5390. <http://doi.org/10.1126/sciadv.abd5390>
 29. Thompson, R. R., **Garfin, D. R.**, Holman, E. A., & Silver, R. C. (2020). National opinions on death penalty punishment for the Boston Marathon bomber before versus after sentencing. *Psychology, Public Policy, and Law*, 26(4), 455-462. <https://doi.org/10.1037/law0000244>
 28. Valentovich, V., Guo, Y., **Garfin, D. R.**, & Goldberg, W. (2020). Emotion coregulation processes between mothers and their children with ASD. In F.R. Volkmar (Ed.), *Encyclopedia of Autism Spectrum*

Disorders. https://doi.org/10.1007/978-1-4614-6435-8_102422-1

27. Holman, E. A., **Garfin, D. R.**, Lubens, P., & Silver, R. C. (2020). Media exposure to collective trauma, mental health, and functioning: Does it matter what you see? *Clinical Psychological Science*, 8, 111-124 (published ahead of print October 8, 2019). <http://doi: 10.1177/2167702619858300>
26. Sweeting, J., **Garfin, D.R.**, Holman, E.A., & Silver, R.C. (2020). Associations between exposure to childhood bullying and abuse and adulthood outcomes in a representative national U.S. sample. *Child Abuse and Neglect*, 101, 104048. doi: 10.1016/j.chiabu.2019.104048
25. Nyamathi, A. N., Shin, S., Sinha, S., Carpenter, C., **Garfin, D. R.**, Padma, R. K.,... Ekstrand, M. (2019). Sustained effect of a community-based behavioral and nutrition intervention on HIV-related outcomes at 18 months among women living with HIV in rural India: A quasi-experimental trial. *JAIDS*, 81(4), 429-438. <http://doi: 10.1097/QAI.0000000000002044>
24. Ghafoori, B., **Garfin, D. R.**, Ramírez, J., & Khoo, S. F. (2019). Predictors of treatment initiation, completion, and selection among youth offered trauma-informed care. *Psychological Trauma: Theory, Research, Practice, and Policy*, 11, 767-774. <http://doi: 10.1037/tra0000460>
23. **Garfin, D. R.**, Shin, S. S., Ekstrand, M. L., Yadav, K., Carpenter, C. L., Sinha, S., & Nyamathi, A. M. (2019). Depression, social support, and stigma as predictors of quality of life over time: Results from an Asha-based intervention in India. *AIDS Care*, 31(5), 563-571. doi:10.1080/09540121.2018.1563281
22. Nyamathi, A. M., Carpenter, C. L., Yadav, K., **Garfin, D. R.**, Munoz, L., Kelly, M., Ekstrand, M. L., & Sinha, S. (2018). Randomized controlled trial of a community-based intervention on HIV and nutritional outcomes at 6 months among women living with HIV/AIDS in rural India. *AIDS*, 32(18), 2727-2737. <http://doi: 10.1097/QAD.0000000000002016>
21. **Garfin, D. R.**, Thompson, R., & Holman, E. A. (2018). Acute stress and subsequent health outcomes: A systematic review. *Journal of Psychosomatic Research*, 112, 107-113. <http://doi:10.1016/j.jpsychores.2018.05.017>
20. **Garfin, D. R.**, Poulin, M. J., Blum, S., & Silver, R. C. (2018). The aftermath of terror: A nationwide longitudinal study of posttraumatic stress across the 9/11 decade. *Journal of Traumatic Stress*, 31, 146-156. <http://doi: 10.1002/jts.22262>
19. Fischhoff, B., Wong-Parodi, G., **Garfin, D. R.**, Silver, R., C. & Holman, E. A. (2018). Public understanding of Ebola risks: Mastering an unfamiliar threat. *Risk Analysis: An International Journal*, 38, 71-83 (published ahead of print June 8, 2017). <http://doi: 10.1111/risa.1279>
18. Lee, J. A., **Garfin, D. R.**, Lee, Y. S., & Vaughn, S. (2018). Factors associated with gerontological career choice: The role of curriculum type and students' attitudes. *Journal of Nursing Education and Practice*, 8 (4). doi: <https://doi.org/10.5430/jnep.v8n4p1>
17. Valentovich, V., Goldberg, W., **Garfin, D. R.**, & Guo, Y. (2017). Emotion coregulation processes between mothers and their children with and without autism spectrum disorder: Associations with children's maladaptive behaviors. *Journal of Autism and Developmental Disorders*, 48, 1235-1248. <http://doi: 10.1007/s10803-017-3375-y>
16. Thompson, R., **Garfin, D. R.**, Holman, E. A., & Silver, R. C. (2017). Distress, worry, and functioning following a global health crisis: A national study of Americans' responses to Ebola. *Clinical Psychological Science*, 5, 513-521 (published ahead of print April 26, 2017). <http://doi: 10.1177/2167702617692030>
15. Larson, S., Lynnette, A., **Garfin, D. R.**, Mota, N., Pacella, M., Hunt, J., & deRoon-Cassini, T. (2017). Inconsistency in memory of traumatic events in a sample of injury patients. *Journal of Aggression*,

Maltreatment, and Trauma, 26, 525-542. [http://doi: 10.1080/10926771.2017.1295296](http://doi:10.1080/10926771.2017.1295296)

14. Guo, Y., **Garfin, D. R.**, Ly, A., & Goldberg, W. (2017). Emotion coregulation in mother-child dyads: A dynamic systems analysis of children with and without Autism Spectrum Disorder. *Journal of Abnormal Child Psychology*, 45, 1369-1383 (published ahead of print January 4, 2017). <http://doi:10.1007/s10802-016-0234-9>
13. Thompson, R., **Garfin, D. R.**, & Silver, R. C. (2017). Evacuation from natural disasters: A systematic review of the literature. *Risk Analysis: An International Journal*, 37, 812- 839 (published ahead of print December 21, 2016). [http://doi: 10.1111/risa.12654](http://doi:10.1111/risa.12654)
12. **Garfin, D. R.**, & Holman, E. A. (2016). Terrorism and health. In H. S. Friedman (Ed.), *Encyclopedia of mental health, 2nd edition* (Vol. 4, pp. 286-293). Waltham, MA: Academic Press.
11. Silver, R. C., & **Garfin, D. R.** (2016). Coping with disasters. In J. C. Norcross, G. R. VandenBos, & D. K. Freedheim (Editors-in-Chief), *APA handbook of clinical psychology: Vol. 4. Psychopathology and health* (pp. 597-611). Washington, DC: American Psychological Association.
10. **Garfin, D. R.**, & Silver, R. C. (2016). Responses to natural disasters. In H. S. Friedman (Ed.), *Encyclopedia of mental health, 2nd edition* (Vol. 4, pp. 35-46). Waltham, MA: Academic Press.
9. Follette, V. M., **Garfin, D. R.**, Fitzgerald, J. M., & McLean, C. (2016). Translational trauma research: Implications for policy and intervention. *Translational Issues in Psychological Science*, 2, 347-350. <http://doi:10.1037/tps0000101>
8. Jones, N. M., **Garfin, D. R.**, Holman, E. A., & Silver, R. C. (2016). Media use and exposure to graphic content in the week following the Boston Marathon bombings. *American Journal of Community Psychology*, 58, 47-59. [http:// doi 10.1002/ajcp.12073](http://doi:10.1002/ajcp.12073)
7. **Garfin, D. R.**, Holman, E. A., & Silver, R. C. (2015). Cumulative exposure to prior collective trauma and acute stress responses to the Boston Marathon bombings. *Psychological Science*, 26, 675-683. (published ahead of print April 20, 2015). [http://doi: 10.1177/0956797614561043](http://doi:10.1177/0956797614561043)
6. Shultz, J. M., Walsh, L., **Garfin D. R.**, Wilson F. E., & Neria, Y. (2015). The 2010 Deepwater Horizon oil spill: The trauma signature of an ecological disaster. *The Journal of Behavioral Health Services and Research*, 42(1), 58-76. [http://doi: 10.1007/s11414-014-9398-7](http://doi:10.1007/s11414-014-9398-7)
5. **Garfin, D. R.**, Silver, R. C., Ugalde, F. J., Linn, H., & Inostroza, M. (2014). Exposure to rapid succession disasters: A study of residents at the epicenter of the Chilean Bio-Bio earthquake. *Journal of Abnormal Psychology*, 123, 545-556. <http://doi.org/10.1037/a0037374>
4. **Garfin, D. R.**, Juth, V., Silver, R. C., Ugalde, F. J., Linn, H., & Inostroza, M. (2014). A national study of health care service utilization and substance use after the 2010 Chilean earthquake. *Psychiatric Services*, 65, 1392-1395. <http://doi:10.1176/appi.ps.201300500>
3. **Garfin, D. R.**, Silver, R. C., Gil-Rivas, V., Guzmán, J., Murphy, J. M., Cova, F., Rincon, P. P., Squicciarini, A. M., George, M., & Guzmán, M. P. (2014). Children's reactions to the 2010 Chilean earthquake: The role of trauma exposure, family context, and school-based mental health programming. *Psychological Trauma: Theory, Research, Practice, and Policy*, 6, 563-573 (published ahead of print June 2, 2014). <http://doi:10.1037/a0036584>
2. Holman, E. A., **Garfin, D. R.**, & Silver, R. C. (2014). Media's role in broadcasting acute stress following the Boston Marathon bombings. *Proceedings of the National Academy of Sciences of the USA*, 111, 93-98 (published ahead of print December 9, 2013). [http:// doi/10.1073/pnas.1316265110](http://doi:10.1073/pnas.1316265110)

Abstracted in J. Silver (2014, January 10). Stop replaying the tragedy. *NEJM Journal Watch*. 2014

1. Shultz, J. M., **Garfin, D. R.**, Espinel, Z., Araya, R., Oquendo, M., Wainberg, M., ... Neria, Y. (2014). Internally displaced “victims of armed conflict” in Colombia: The trajectory and trauma signature of displacement. *Current Psychiatry Reports*, 16, 474-475. <http://doi: 10.1007/s11920-014-0475-7>

OTHER WRITING

8. **Garfin, D. R.** The mental health effects of the COVID-19 pandemic. In G. Bostean, *One Is Never Enough: How Multi- and Interdisciplinary Science is Improving COVID-19 Research*. Interdisciplinary Association for Population Health Sciences. <https://iaphs.org/one-is-never-enough-how-multi-and-interdisciplinary-science-is-improving-covid-19-research/>
7. **Garfin, D. R.** (2020). How does media play into trauma? In J. Aten, K. Annan, & J. Meeker (Eds). *COVID-19 Mental Health Handbook*. Wheaton, IL: Humanitarian Disaster Institute.
6. Thompson, R. R., & **Garfin, D. R.** (2019, July). Methodological advances in studying traumatic responses following hurricanes. *Stress Points Newsletter*, 33(4). <http://sherwood-istss.informz.net/admin31/content/template.asp?sid=64889&brandid=4463&uid=0&mi=8716297&mfqid=47294463&ptid=&ps=64889>
5. **Garfin, D. R.** (2016, September 8). How the pain of 9/11 still stays with a generation. *The Conversation*. <https://theconversation.com/how-the-pain-of-9-11-still-stays-with-a-generation-64725> (Reprinted in 2019, 2020, 2021)

Select reprints: *The San Francisco Chronicle/SF Gate, New York Observer, INC, Fair Observer, GOOD Magazine, Observer, Brewminate, The American Dossier, Innovation & Tech Today, InnerSelf.com, SitNews, Pennsylvania Capital Star, Black America Web, Law 360, Salon*
4. **Garfin, D. R.**, Stene, L., Kichic, R., & Roan, C. (2015, Summer). Reflections on communication during the Ebola crisis: The challenge for media and public health professionals. *Division 56: Trauma Psychology Newsletter*, 10(2), 12-14.
3. **Garfin, D. R.** (2014, August 4). Rise above plastics: An environmental and public health concern. *The Inertia*. Retrieved from: <http://www.theinertia.com/environment/rise-above-plastics-an-environmental-public-health-concern/>
2. **Garfin, D. R.**, Holman, E. A., Lubens, P., & Silver, R. C. (2014, July 24). Don't overlook television news content when linking TV-watching and all-cause mortality. *JAHA: Journal of the American Heart Association*. <http://jaha.ahajournals.org/content/3/3/e000864.full/reply>
1. **Garfin, D. R.** (2012, Winter). Differential responses to natural disasters: The impact of the 2010. 8.8 magnitude Chilean earthquake on children and adults living near the epicenter. *Society for the Psychological Study of Social Issues Student “Rookie” Newsletter*, 5. http://www.spssi.org/_data/n_0001/resources/live/Winter%20newsletter.pdf

MANUSCRIPTS UNDER REVIEW/REVISION

9. Guo, Y., **Garfin, D. R.**, Valentovich, V., & Goldberg, W. (*invited resubmission*). Father-child coregulation and adaptive and maladaptive behaviors in children with and without autism spectrum disorders. *Journal of Family Psychology*.
8. Holman, E. A., Jones, N. M., **Garfin, D. R.**, & Silver, R. C. (*invited resubmission*). Mental health implications of loneliness and the COVID time warp as the pandemic unfolded: A nationally representative study in the U.S. *Clinical Psychological Science*.
7. Anamika, D., Felipe, P., Holcomb, J. M., Loreto, L., Sqicciarini, A. M., Canenguez., K. M., Bergman, P.,

Riobueno-Naylor, A., Farley, A. M., Simonsohn, A., **Garfin, D. R.**, Silver, R. C., G. J., Jelinek, M. S., & Murphy, M. J. (*invited resubmission*). An earthquake, adverse childhood experiences, and psychosocial functioning in elementary school students from Chile: findings from a large, longitudinal study. *Journal of Traumatic Stress*.

6. **Garfin, D. R.**, Holman E. A., Fischhoff, B., & Silver, R.C. (under review). Media exposure, risk perceptions, and fear: Americans' behavioral responses to the Ebola public health crisis.
5. **Garfin, D. R.**, Thompson, R. R., Holman E. A., Wong-Parodi, G., & Silver, R.C. (under review). A longitudinal study of Floridians responses to repeated hurricane exposure.
4. Wong-Parodi, G. & **Garfin, D. R.** (under review). Priming close social contact protective behaviors enhances protective social norms perceptions, attitudes, and self-protective behaviors during health crises.
3. **Garfin, D. R.**, Djokovic, L., Silver, R. C., & Holman, E. A. (under review). Predictors of functional impairment and health-related worries among COVID-19 healthcare and non-healthcare essential workers.
2. Relihan, D. P., Holman, E. A., **Garfin, D. R.**, Ditto, P. H., & Silver, R. C. (under review). The politics of pathogens and pandemics.
1. Berlin Rubin, N., Holman, E. A., Thompson, R. R., **Garfin, D. R.**, Silver, R. C., & Wong-Parodi, G. (under review). Severe weather-related deaths, stress, and incidence of cardiovascular ailments in community-based samples.

REFEREED CONFERENCE SYMPOSIA AND PAPER PRESENTATIONS

28. **Garfin, D. R.**, Jones, N. M., Holman, E. A., & Silver, R. C. (2021, November). *Finding benefits in a collective tragedy: A national longitudinal study of the COVID-19 pandemic in the U.S.* [Paper presentation]. International Society for Traumatic Stress Studies Annual Meeting, Virtual.
27. **Garfin, D. R.** (2021, November). *Mental health needs among healthcare workers, emergency personnel, and other essential workers during the COVID-19 pandemic* [Symposium Chair]. International Society for Traumatic Stress Studies Annual Meeting, Virtual.
26. **Garfin, D. R.**, Thompson, R., & Wong-Parodi, G. (2021, October). *Exploring the extended parallel processing model in the context of repeated exposure to hurricanes and COVID-19* [Paper presentation]. American Public Health Association Annual Meeting, Denver, CO.
25. Berlin Rubin, N., Holman, E. A., Thompson, R. R., **Garfin, D. R.**, Silver, R. C., & Wong-Parodi, G. (2020, December). *Severe weather-related deaths, stress, and incidence of cardiovascular ailments in community-based samples* [Paper presentation]. AGU Fall Meeting, Online.
24. Berlin Rubin, N., **Garfin, D. R.**, & Wong-Parodi, G. (2020, December). *Examining adaptive migration thresholds in the context of rapid-onset climate hazards* [Paper presentation]. AGU Fall Meeting, Online.
23. Berlin Rubin, N., Holman, E. A., Thompson, R. R., **Garfin, D. R.**, Silver, R. C., & Wong-Parodi, G. (2020, December). *Severe weather-related deaths, stress, and incidence of cardiovascular ailments in community-based samples* [Paper presentation]. Society for Risk Analysis Meeting, Online.
22. Wong-Parodi, G., **Garfin, D. R.**, Holman, E. A., & Silver, R. C. (2020, December). *Climate change attribution during and following Hurricane Irma: The role of direct physical storm and media exposure* [Paper presentation]. American Geophysical Union Annual Meeting, Online.
21. **Garfin, D. R.**, Nyamathi, A., Osorio, J., Amamado, A., Ruivivar, K., Deguzman, R. M., & Jones, A. (2020, November). *Feasibility and acceptability of a mindfulness-based intervention to address PTSD in trauma-exposed, homeless women* [Conference presentation]. American Public Health Association

Annual Meeting, San Francisco, CA.

20. **Garfin, D. R.**, Osorio, J., Deguzman, R., Jones, A., Amador, A., Ruivivar, K., & Nyamathi, A. (2020, November). *Mindfulness-based intervention to address PTSD in trauma-exposed, homeless women* [Flash talk]. International Society for Traumatic Stress Studies Annual Meeting, Atlanta, GA.
19. **Garfin, D. R.**, Jones, A. A., Deguzman, R. M., & Nyamathi, A. M. (2020, March). *Feasibility and acceptability of a mindfulness-based intervention to address PTSD in trauma-exposed, homeless women*. In *Late Breaking Clinical Trials* [Conference presentation]. American Psychosomatic Society Annual Convention, Long Beach, CA. (Conference canceled).
18. Kofman, Y. B., **Garfin, D. R.**, Yim, Y. S., & Silver, R. C. (2020, March). When it rains, it pours—and sex matters: patterns of cumulative life adversity and health in a nationally representative sample [Paper presentation]. American Psychosomatic Society Annual Meeting, Long Beach, CA. (Conference canceled.)

Y. Kofman recipient of 2020 APS Young Scholar Award.
17. **Garfin, D. R.**, Wong-Parodi, G., Holman, E. A., Thompson, R. R., & Silver, R. C. (2020, February). *Repeated exposure to hurricanes: Results from a longitudinal representative sample of Floridians* [Paper presentation]. National Science Foundation Hurricane: Science at the Intersection of Hurricanes and the Populated Coast, Greenville, North Carolina.
16. **Garfin, D. R.**, Wong-Parodi, G., Thompson, R. R., Silver, R. C. & Holman, E. A. (2020, February). *Extreme weather events as a growing public mental health crisis*. [Paper presentation]. National Science Foundation Hurricane: Science at the Intersection of Hurricanes and the Populated Coast, Greenville, North Carolina.
15. Wong-Parodi, G., **Garfin, D. R.**, & Silver, R. C. (2019, December). *Climate change attribution during and following Hurricane Irma: The role of experience and vulnerability* [Paper presentation]. Society for Risk Analysis Annual Meeting, Arlington, VA.
14. **Garfin, D. R.**, Holman, E. A., & Silver, R. C. (2019, November). *Repeated exposure to hurricanes: Results from a longitudinal representative sample of Floridians* [Flash talk]. International Society for Traumatic Stress Studies Annual Meeting, Boston, MA.
13. **Garfin, D. R.**, Holman, E. A., & Silver, R. C. (2017, November). *Following the trail of early trauma: The link between childhood maltreatment and exposure and response to violence in adulthood* [Paper presentation]. International Society for Traumatic Stress Studies Annual Meeting, Chicago, IL.
12. Thompson, R., **Garfin, D. R.**, Holman, E. A., & Silver, R. C. (2017, November). *Evidence for a cyclical relationship between distress and media exposure to collective trauma* [Paper presentation]. Society for Traumatic Stress Studies Annual Meeting, Chicago, IL.
11. **Garfin, D. R.**, Holman, E. A., & Silver, R. C. (2016, November). Media exposure to the Ebola public health crisis and implications for public health in an industrialized nation. In **D. R. Garfin** (Chair), *How does media coverage of traumatic events impact the populace and those who report it? Evidence from survey and experimental research* [Symposium presentation]. International Society for Traumatic Stress Studies Annual Meeting, Dallas, TX.
10. Holman, E. A., **Garfin, D. R.**, Lubens, P. & Silver, R. C. (2016, November). Hours vs. images: Understanding how media-based collective trauma exposure is linked to psychological well-being. In **D. R. Garfin** (Chair), *How does media coverage of traumatic events impact the populace and those who report it? Evidence from survey and experimental research* [Symposium presentation]. International Society for Traumatic Stress Studies Annual Meeting, Dallas, TX.
9. **Garfin, D. R.**, Chan, M., & Holman, E. A. (2015, November). *Acute post-trauma psychological assessments and subsequent pathology: The potential for broad clinical intervention beyond*

treatment for PTSD [Paper presentation]. International Society for Traumatic Stress Studies Annual Meeting, New Orleans, LA.

8. **Garfin, D. R.**, Holman, E. A., & Silver, R. C. (2015, November). *Lifetime adversity and responses to the Boston Marathon bombings in a representative national sample of Americans* [Paper presentation]. International Society for Traumatic Stress Studies Annual Meeting, New Orleans, LA.
7. **Garfin, D. R.**, Silver, R. C., Ugalde, F., & Linn, H. (2014, November). Traumatic stress responses following the 2010 8.8 magnitude Chilean earthquake. In **D. R. Garfin** (Chair), *Traumatic stress responses in the wake of collective trauma: Methodological, conceptual, lifespan, and cultural considerations* [Symposium presentation]. International Society for Traumatic Stress Studies Annual Meeting, Miami, FL.
6. Shultz, J. M., Walsh, L., **Garfin, D. R.**, Wilson, F.E., & Neria, Y. (2014, August). *The 2010 Deepwater Horizon Oil Spill: The trauma signature of an ecological disaster* [Paper presentation]. International Disaster and Risk Conference (IDRC), Global Risk Forum, Davos, Switzerland.
5. **Garfin, D. R.**, Holman, E. A., & Silver, R. C. (2013, November). Acute stress responses to the Boston Marathon bombings: The role of cumulative exposure to prior collective trauma. In **D. R. Garfin** (Chair), *Early responses to the Boston Marathon Bombings: The impact of prior collective stress exposure, pre-event mental health, and behavior patterns* [Symposium presentation]. International Society for Traumatic Stress Studies Annual Meeting, Philadelphia, PA.
4. **Garfin, D. R.**, Juth, V., Silver, R. C., Ugalde, F., & Linn, H. (2013, November). *Health outcomes following the 2010 Chilean earthquake: Results from a nationally representative sample* ["Data Blitz" presentation]. Health Psychology Pre-conference, Society for Personality and Social Psychology Annual Convention, New Orleans, LA.
3. Silver, R. C., **Garfin, D. R.**, Poulin, M.J., & Blum, S. (2011, November). The aftermath of terror: A nationwide longitudinal study of post-traumatic stress across the 9/11 decade. In M. Cloitre (Chair), *The September 11, 2001 terrorist attacks: Ten years after* [Presidential symposium]. International Society for Traumatic Stress Studies Annual Meeting, Baltimore, MD.
2. **Garfin, D. R.**, Silver, R. C., Ugalde, F., & Linn, H. (2011, April). Post-disaster outcomes associated with the 2010 Chilean earthquake. In R.C. Silver (Chair), *Global disasters and trauma: Preparation, coping, and psychosocial responses* [Symposium presentation]. Western Psychological Association Annual Convention, Los Angeles, CA.
1. **Garfin, D. R.** (2002, May). *Five factors of identity formation in student activists* [Paper presentation]. Pacific Sociological Association Annual Conference, Vancouver, BC, Canada.

REFEREED CONFERENCE POSTERS

36. Osorio, J., Amador, A., Ruivivar, K., **Garfin, D. R.** (2021, August). *Homeless-women's perspective on a mindfulness-based intervention: a qualitative study* [Poster presentation]. American Psychological Association Annual Conference, Online.
35. Ruivivar, K., Osorio, J., Amador, A., Nyamatih, A., **Garfin, D. R.** (2021, August). *Feasibility and acceptability of mindfulness-based interventions on trauma-exposed, homeless women* [Poster presentation]. Society for the Psychological Study of Social Issues Annual Conference, Online.
34. Amador, A., Ruivivar, K., Osorio, J., Nyamathi, A., **Garfin, D. R.** (2021, May). *Acceptability and feasibility of a mindfulness-based intervention for trauma-exposed, homeless-women: a qualitative study* [Poster presentation]. Association for Psychological Sciences Annual Conference, Online.

33. **Garfin, D.R.**, Harvey, G., Zellner, K., & Halas, K. A. (2020, November). *Mindfulness-based interventions for PTSD: A systematic review of extant systematic reviews* [Poster presentation]. International Society for Traumatic Stress Studies Annual Meeting, Atlanta, GA
32. Harvey, G., Djokovic, L., Deguzman, R. M., **Garfin, D. R.**, Holman, E. A., & Silver, R. (2020, November). *Exploring patterns in qualitative responses to direct and indirect collective trauma exposures* [Poster presentation]. International Society for Traumatic Stress Studies Annual Meeting, Atlanta, GA.
31. Blosnich, J. R., **Garfin, D. R.**, Maguen, S., Vogt, D., Dichter, M. E., Hoffmire, C. A., Bernhard, P. A., & Schneiderman, A. (2020, November). *Differences in adverse and potentially traumatic experiences in childhood and their associations with suicidal ideation and attempt among veterans and nonveterans* [Poster presentation]. International Society for Traumatic Stress Studies Annual Convention, Atlanta, GA.
30. Deguzman, R. M., Jones, A., Nyamathi, A. M. & **Garfin, D. R.** (2020, October). *Feasibility and acceptability of mindfulness-based interventions on a sample endorsing Posttraumatic Stress Disorder symptoms* [Poster presentation]. Western Psychological Association Annual Convention, San Francisco, CA.
29. Harvey, G., Halas, K. A., Zellner, K., & **Garfin, D. R.** (2020, October). *Mindfulness-based interventions for PTSD: A systematic review of reviews* [Poster presentation]. Western Psychological Association Annual Convention, San Francisco, CA.
28. Harvey, G., Halas, K., Zellner, K. L., & **Garfin, D. R.** (2020, May). *Mindfulness-based interventions for PTSD: A systematic review of reviews* [Poster presentation]. Association for Psychological Science Annual Convention, Chicago, IL.
27. Jones, A. A., Deguzman, R. M., Nyamathi, A. M., & **Garfin, D. R.** (2020, May). *Mindfulness-based stress reduction for homeless women with post-traumatic stress disorder: An acceptability and feasibility study* [Poster presentation]. Association for Psychological Science Annual Convention, Chicago, IL.
26. Deguzman, R. M., Halas, K., Nyamathi, A. M., & **Garfin, D. R.** (2020, May). *Psychosocial correlates of physical and mental health in homeless individuals with latent tuberculosis infection: implications for treatment* [Poster presentation]. Association for Psychological Science Annual Convention, Chicago, IL.
25. **Garfin, D. R.**, Holman, E. A., & Silver, R. C. (2019, November). *Negative life events and responses to collective trauma: A longitudinal, epidemiological study of New York residents* [Poster presentation]. International Society for Traumatic Stress Studies Annual Meeting, Boston, MA.
24. Fly, J., Felix, E., **Garfin, D. R.**, Silver, R. C. & Powers, J. (2019, November). *Perceived resource loss mediates the relation between risk appraisal of acute mass violence and distress* [Poster presentation]. International Society for Traumatic Stress Studies Annual Meeting, Boston, MA.
23. **Garfin, D. R.**, Holman, E. A., & Silver, R. C. (2018, November). *Psychosocial responses to Hurricane Irma: A longitudinal study commencing 60 hours prior to landfall* [Poster presentation]. International Society for Traumatic Stress Studies Annual Meeting, Washington, D.C.
22. Nyamathi, A. M., Ekstrand, M., Carpenter, C. L., Yadav, K., **Garfin, D. R.**, Munoz, L., Kelly, M., Ekstrand, M. L., & Sinha, S. (2018, July). *Impact of a behavioral intervention on health outcomes among rural women living with HIV/AIDS at six-month follow-up* [Poster presentation]. International AIDS Conference Annual Meeting, Amsterdam, Netherlands.
21. Akinyemi, A. A., **Garfin, D. R.**, Thompson, R. R., Holman, E. A., & Silver R. C. (2018, November).

The role of media on perceptions of evacuation zone status before Hurricane Irma in Miami and stress outcomes in its aftermath [Poster presentation]. International Society for Traumatic Stress Studies Annual Meeting, Washington, DC.

20. **Guo, Y.**, Garfin, D. R., Ly, A., Valentovich, V., & Goldberg, W. A. (2017, May). *Comparing mother-child and father-child emotion co-regulation processes in relation to adaptive functioning in children with ASD* [Poster presentation]. International Meeting for Autism Research (IMFAR), San Francisco, CA.
19. Guo, Y., **Garfin, D. R.**, Ly, A., & Goldberg, W. A. (2017, April). *A dynamic systems approach to emotion co-regulation in father-child dyads when children have Autism Spectrum Disorder* [Poster presentation]. Society for Research in Child Development Biennial Meeting, Austin, TX.
18. Thompson, R., **Garfin, D. R.**, Holman, E. A., & Silver, R. C. (2017, January). *National opinions on death penalty punishment for the Boston Marathon bomber before and after sentencing* [Poster presentation]. Society for Personality and Social Psychology Annual Convention, San Antonio, TX.
17. Thompson, R., **Garfin, D. R.**, Holman, E. A., & Silver, R. C. (2016, November). *Psychological distress following a global health crisis: A national study of Americans' reactions to Ebola* [Poster presentation]. International Society for Traumatic Stress Studies Annual Meeting, Dallas, TX.
16. Guo, Y., **Garfin, D. R.**, Ly, A., & Goldberg, W. A. (2016, May). *A dynamic systems approach to emotion co-regulation in families of children with autism spectrum disorders and families of neurotypical children* [Poster presentation]. International Meeting for Autism Research (IMFAR), Baltimore, MD.
15. Thompson, R., **Garfin, D. R.**, Holman, E. A., & Silver, R. C. (2016, January). *Psychological distress following a global health crisis: A national study of Americans' reactions to Ebola* [Poster Presentation]. Society for Personality and Social Psychology Annual Convention, San Diego, CA.
14. Jones, N. M., **Garfin, D. R.**, Holman, E. A., & Silver, R. C. (2015, February). *Media use and exposure to graphic content in the week following the Boston Marathon bombings* [Poster presentation]. Society for Personality and Social Psychology Annual Convention, Long Beach, CA.
13. **Garfin, D. R.**, Espinel, Z., Migline, V., Wilson, F. E., de la Paz, M., & Shultz, J. M. (2014, November). *Boston Marathon bombings: The trauma signature* [Poster presentation]. Society for Traumatic Stress Studies Annual Meeting, Miami, FL.
12. **Garfin, D. R.**, Silver, R. C., Ugalde, F., & Linn, H. (2013, November). *Exposure to rapid succession natural disasters: Results from a representative sample in Chile* [Poster presentation]. International Society for Traumatic Stress Studies Annual Meeting, Philadelphia, PA.
11. **Garfin, D. R.**, Silver, R. C., Gil-Rivas, V., Guzmán, J., Murphy, M., Cova, F., . . . Guzmán Llona, M. P. (2013, February). *The social context of children's reactions to the 2010 8.8 magnitude Chilean earthquake* [Poster presentation]. Society for Personality and Social Psychology Annual Convention, New Orleans, LA.
10. **Garfin, D. R.**, Silver, R. C., Gil-Rivas, V., Guzmán, J. G., & Murphy, M. (2012, February). *Children's distress following the 2010 Chilean earthquake* [Poster presentation]. University of California Global Health Day, Berkeley, CA.
9. **Garfin, D. R.**, Golino, J., Pamintuan, K., & Silver, R. C. (2012, February). *What factors influence the desire for social distance from a peer with a DUI?* [Poster presentation]. Personality and

Social Psychology Annual Convention, San Diego, CA.

8. **Garfin, D. R.**, Helm, L., Mattison, S., & Silver, R. C. (2011, May). *Social interactions with stigmatized individuals: Do implicit reactions speak louder than words?* [Poster presentation]. Association for Psychological Science Annual Convention, Washington, DC.
7. Gamble, K., **Garfin, D. R.**, Blum, S., & Silver, R.C. (2011, May). *Perceived barriers to preparing for natural disasters in a nationally representative sample* [Poster presentation]. Association for Psychological Science Annual Convention, Washington, DC.
6. **Garfin, D. R.**, Blum, S., Gamble K., & Silver, R. C. (2011, January). *Direct and indirect exposure to the economic meltdown: Results from a longitudinal nationally representative sample* [Poster presentation]. Personality and Social Psychology Annual Convention, San Antonio, TX.
5. **Garfin, D. R.**, Silver, R. C., Ugalde, F., & Linn, H. (2010, November). *Psychosocial reactions to the 2010 8.8 magnitude Chilean earthquake* [Poster presentation]. University of California Global Health Day, Irvine, CA.
4. **Garfin, D. R.**, Helm, L., Scartaccini, K., Mattison, S., & Silver, R. C. (2009, May). *Impact of stigma-eliciting labels on preference for social distance* [Poster presentation]. Association for Psychological Science Annual Convention, San Francisco, CA.
3. Blum, S., **Garfin, D. R.**, Poulin, M. J., Gamble, K., & Silver, R. C. (2009, May). *Coping with the economic meltdown: Perceptions of one's personal versus national economic outlook* [Poster presentation]. Association for Psychological Science Annual Convention, San Francisco, CA.
2. Gamble, K., Blum, S., Poulin, M., **Garfin, D. R.**, & Silver, R. C. (2009, May). *Factors predicting personal preparedness for natural disasters* [Poster presentation]. Association for Psychological Science Annual Convention, San Francisco, CA.
1. **Garfin, D. R.**, Sodoui, D., & Matsumoto, D. M. (2007, May). *Understanding emotional expressivity among Jordanians and Americans: Pathways to peace* [Poster presentation]. Western Psychological Association Annual Convention, Vancouver, BC, Canada.

INVITED TALKS AND WEBINARS

22. **Garfin, D. R.** (2021, August). *Incorporating mindfulness-based intervention into your new normal* [Webinar]. Future of Work Wellness Series, University of California, Irvine (Online).
21. **Garfin, D. R.** (2021, June). *Introduction to mindfulness* [Invited presentation]. Provisors (Business Networking Group) Long Beach. Long Beach, CA (Online).
20. **Garfin, D. R.** (2021, May). *Finding benefits in collective tragedy: a national, longitudinal study of the COVID-19 pandemic in the U.S.* [Symposium presentation]. Towards a Holistic Understanding of the Pandemic: Advances in COVID-19 Research at the UC Irvine Sue & Bill Gross School of Nursing. Irvine, CA (Online).
19. **Garfin, D. R.** (2021, May). *Cumulative exposure to adversity: Conceptualizing the problem, proposing solutions* [Invited colloquium]. Center for Population Health Science, Stanford University.
18. **Garfin, D. R.** (2021, April). *Overview of mindfulness-based interventions* [Invited presentation]. Southern California University of Health Sciences, Whittier, CA.
17. **Garfin, D. R.** (2021, April). *Introduction to mindfulness* [Webinar]. National Public Health Week (American Public Health Association). Irvine, CA (Online).
16. **Garfin, D. R.** (2021, March). *Thriving in the academy graduate student workshop "graduate student summer funding and other funding opportunities."* [Panel presentation]. University of California, Irvine.

15. **Garfin, D. R.** (2021, February). *How can parents help their children cope during COVID-19?* [Webinar]. Russian School of Mathematics, Irvine, CA.
14. **Garfin, D. R.** (2020, October). *Mindfulness and coping during COVID-19 and stress* [Webinar]. Pomona College Welcome Week. Pomona, CA (Online).
13. **Garfin, D. R.** (2020, July). *COVID-19 and stress* [Webinar]. Canyon Dens Community Group.
12. **Garfin, D. R.** (2019, May). *Mindfulness-based intervention to address PTSD in trauma-exposed, homeless women* [Invited presentation]. School of Nursing Monthly Brown Bag Series, University of California, Irvine.
11. **Garfin, D. R.** (2016, February). *Crash course in advanced statistics* [Invited presentation]. Program in Nursing Science, Advanced Research Methods Course (graduate level), University of California, Irvine.
10. **Garfin, D. R.** (2013, February). *Coping with stress, trauma, and negative life events* [Invited presentation]. Mesa Court Undergraduate Housing Program, University of California, Irvine.
9. **Garfin, D. R.** (2012, May). *Children's adjustment following the 8.8 magnitude Chilean earthquake* [Colloquium presentation]. Global Health Framework Grant Research Colloquium, University of California, Irvine.
8. **Garfin, D. R.,** Guzmán, J., & Silver, R. C. (2012, April). *Children's adjustment following the 8.8 magnitude Chilean earthquake* [Invited presentation]. Universidad de Concepción, Santiago, Chile.
7. **Garfin, D. R.,** Guzmán, J., & Silver, R. C. (2012, April). *Children's adjustment following the 8.8 magnitude Chilean earthquake* [Invited presentation]. JUNAEB, Santiago, Chile.
6. **Garfin, D. R.** (2011, May). *Children's adjustment following the 8.8 magnitude Chilean earthquake* [Colloquium presentation]. Psychology and Social Behavior Developmental Psychology Colloquium Series, University of California, Irvine.
5. **Garfin, D. R.,** Silver, R. C., Ugalde, F., & Linn, H. (2011, April). *Post-disaster outcomes associated with the 2010 Chilean earthquake* [Colloquium presentation]. Psychology and Social Behavior Departmental Colloquium, University of California, Irvine.
4. **Garfin, D. R.** (2011, February). *The long-term consequences of 9/11 on responses to the 2008 economic crisis: The impact of an acute national trauma on a chronic national strain* [Colloquium presentation]. Psychology and Social Behavior Psychopathology Colloquium Series, University of California, Irvine.
3. **Garfin, D. R.,** Silver, R. C., Ugalde, F., & Inostroza, M. (2010, November). *Psychosocial reactions to the 2010 8.8 magnitude Chilean earthquake* [Invited presentation]. Presentation delivered to Cecilia Morel, the First Lady of Chile, La Moneda (Chilean Presidential Palace), Santiago, Chile.
2. **Garfin, D. R.,** Silver, R. C., Ugalde, F., & Inostroza, M. (2010, November). *Psychosocial reactions to the 2010 8.8 magnitude Chilean earthquake* [Invited presentation]. Ministry of Health, Santiago, Chile.
1. **Garfin, D. R.** (2009, May). *Economic meltdown as community disaster: Results from a nationally representative sample* [Colloquium presentation]. Psychology and Social Behavior Departmental Colloquium, University of California, Irvine.

TEACHING EXPERIENCE

- 2021-present Susan and Henry Samueli College of Health Sciences, University of California, Irvine
Health Disparities (Doctoral level), Research Methods (Doctoral level), Social Epidemiology
- 2015-present Lecturer, University of California, Irvine
Advanced Applied Statistics in the Behavioral Sciences (Post-baccalaureate level), Advanced

Research Methods (Post-baccalaureate level), Human Stress, Psychology of Wellness, Complementary & Alternative Medicine, Grant Writing for Grad Students, Complementary and Integrative Healthcare

- 2014 Assistant Instructor, University of California, Irvine
Longitudinal Data Analysis (Graduate Level)
- 2014 Adjunct Statistical Consultant, Stanbridge College, Irvine
- 2012-2013 Adjunct Professor, Irvine Valley College
Introduction to Psychology
- 2012 Instructor, University of California, Irvine (Summer and Fall)
Human Stress
- 2012 Instructor, Osher Lifeline Learning Institute, Irvine
The Psychology of Stress
- 2008-2012 Graduate Teaching Assistant, University of California, Irvine
Statistics, Clinical Health, Child Clinical Health, Qualitative Research Methods, Personality, Fundamentals of Psychology, Health Psychology, Human Stress, Abnormal Psychology
- 2006-2012 Standardized test prep instructor (IvyWest, College Blueprint, private clients)
SAT, ACT, ACT II, Crafting the College Admissions Essay
- 2007 Center for Talented Youth/John Hopkins University
Cognitive Psychology
- 2006 Teaching Assistant, San Francisco State University
Behavior Disorders of Childhood and Adolescence, General Psychology
- 2006 Omi Beacon House, San Francisco, CA
Designed *Health Education* course for disadvantaged youth

PROFESSIONAL SERVICE

- 2020-present American Public Health Association
Executive Leadership Member
Co-chair, Education & Practice Committee
Integrative, Complementary, and Traditional Health Practices
- 2020-present International Society of Traumatic Stress Studies
Leadership Council
Volunteer Coordinator
Chair, Volunteer Benefits Task Force
- 2018-present International Society of Traumatic Stress Studies
Stress Points Newsletter, Contributing Editor (Research Methods)
- 2016-present International Society for Traumatic Stress Studies
Abstract Submission Review Committee Member

AD-HOC REVIEWER

AIDS Care
American Journal of Epidemiology
American Journal of Preventive Medicine
Anxiety, Stress, and Coping: An International Journal
Child Development
Communication Studies
Current Psychology
Disaster Medicine and Public Health Preparedness
Drug and Alcohol Dependence
European Journal of Psychotraumatology
Health Psychology
Information, Communication, and Society
International Journal of Disaster Risk Reduction
International Journal of Infectious Diseases
Journal of Medical Internet Research
Journal of Interpersonal Trauma
Journal of Trauma & Dissociation
Journal of Traumatic Stress
PLOS One
Psychiatry Research
Psychological Science
Psychological Trauma: Theory, Research, Practice, and Policy
Psychology & Aging
Psychology Research and Behavior Management
Psychosomatic Medicine
Risk Analysis
Risk Management & Healthcare Policy
Scientific Reports
Social Psychiatry and Psychiatric Epidemiology
Social Science & Medicine
Stress and Health

GRANT REVIEWER

2021	National Science Foundation, Social Psychology Program
2020	Australian National Health and Medical Research Council (NHMRC) 2020 COVID-19 Mental Health Research Grant Assessment Committee (GAC)
2020, 2021	Kuwait Foundation for the Advancement of Science
2012-2017	Student Research Grant Committee Member International Society for Traumatic Stress Studies

COMMUNITY SERVICE

2009-2019	Isaiah House Shelter for Homeless Women, Santa Ana Leadership board for organizing non-profit volunteers
2005-2007	San Francisco Suicide Prevention/HIV AIDS Nightline Crisis Counselor on nightline

- 2006-2007 Omi Beacan Center, San Francisco
After School Program Coordinator
- 2005 Tibet Charity - Multi Education Centre, Mcleodganj, India
Taught conversational English to Tibetan refugees
- 2002-2003 Illinois PIRG (Public Interest Research Group)
Field Organizer and campaign manager
- 2000-2002 International and National Voluntary Service Training Program
Comprehensive two-year service-learning and leadership program. Projects included:
sustainable farming on Navajo reservation; in-resident work at Samaritan House Homeless
Shelter in Denver, CO; serving displaced immigrants on the US-Mexico border at
Annunciation House, El Paso, TX; community farming/construction in Cuernavaca, Mexico

UNIVERSITY SERVICE

- 2021-present Mixed Methods Task Force
Institute for Clinical and Translational Science
- 2020-present PhD Admissions Committee
Sue & Bill Gross School of Nursing, University of California, Irvine
- 2019-present Faculty Affairs Committee
Sue & Bill Gross School of Nursing, University of California, Irvine
- 2019-2020 Student Affairs Committee
Sue & Bill Gross School of Nursing, University of California, Irvine
- 2018-present Faculty Adviser
Caring and Healing in Life and Learning (CHILL)
- 2010-2013 Mentor, UC Irvine's Department of Psychology and Social Behavior Graduate Student
Mentor/Mentee Program
- 2010-2012 UC Irvine's Psychology and Social Behavior Student Council member
Chair of Psychopathology Specialization Colloquium Series

PROFESSIONAL MEMBERSHIPS

American Public Health Association
American Psychological Association (Division 38, Health Psychology; Division 56, Trauma Psychology)
Association for Psychological Science
International Society for Traumatic Stress Studies

SELECT MEDIA COVERAGE

SARS-CoV-19 (COVID-19) Commentary and coverage (2020 & 2021)

BBC	Voice of America	U.S. News and World Reports
NPR	VICE	Health Day
NBC	CNN	Better Homes & Gardens
USA Today	Self	Breitbart
New York Times	UPI	Inverse
PBS	Men's Health	Decan Herald
Orange Coast	Parade	Fast Company
Life Hacker	Cheddar	Experience
Psychology Today	Ahval	MedicineNet

Responding to Terror (again). NSF Discovery (2015).

http://www.nsf.gov/discoveries/disc_summ.jsp?cntn_id=135218&org=NSF&from=news

Media Exposure to the Boston Marathon Bombings Coverage (2013-14)

BBC	USA Today	Medical Daily
CBS	US News and World Reports	UPI
Medical X Press	Fox News	LA Times
Huffington Post	NBC	Mother Jones

ZotZine: UCI's Online Magazine, Volume IV, Issue 3. November 17, 2011

Measuring Mental Aftershocks

http://www.zotzine.uci.edu/v04/2011_11/chilequake.php

PODCASTS

AJC Radio: 9/11: We remember

<https://www.blogtalkradio.com/ajcradiospotlight/2021/09/17/a-just-cause-911-we-remember>

Under the Radar with Callie Crosley (GBH, NPR affiliate station) – Remembering 9/11 20 years later (2021)

<https://www.wgbh.org/news/under-the-radar-with-callie-crossley>

Voice of America

<https://www.facebook.com/voiceofoc/videos/4227364210674692>

Perspectives, with Ashwini Devare - Media Exposure & our mental health: Is there a cost? (2021)

<https://www.youtube.com/watch?v=xuFENIMFKUM>

Voice of America (feature clip) – Why are people having vivid dreams during COVID-19? (2020)

<https://www.voanews.com/episode/people-worldwide-report-having-intense-coronavirus-dreams-4292136>

Curiosity Stream (web documentary) – Psychology of a Pandemic (2020)

https://www.youtube.com/watch?v=wMLg_nbVK9k

The Agenda (web program) - Coping with Pandemic Burnout (2020)

<https://www.tvo.org/video/coping-with-pandemic-burnout>

Responding to Terrorism (2016)

Podcast interview for Harvard School of Public Health

<https://www.hsph.harvard.edu/news/multimedia-article/terrorism-podcast/>

The JFK Assassination: 50 years later.

Expert commentary on “Ask a Leader” podcast, Radio KUCI 88.9, Irvine, CA

<http://www.kuci.org/podcastfiles/984/GarfinEversPodcast11-19-13.mp3>

REFERENCES

1. Roxane Cohen Silver, PhD
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2. Dean Adeline M. Nyamathi, PhD, ANP, FAAN
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4. Wendy A. Goldberg, PhD
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