

Do you have a child between 12 and 16?

**Are you concerned about their mental health?
Try the Teen Resilience Clinic!**

Who can participate?

- Boys and girls:
 - Ages 12 to 16
 - Fluent in English
 - Currently have no depression or chronic medical conditions

What will you and your teen be asked to do?

- Visit a UCI laboratory for up to 3 hours for a clinical interview, play game-like tasks on the computer, and give a speech to our research staff.
- Receive 15 sessions of talk therapy
- Complete questionnaires about adversity in the family environment, depression and anxiety symptoms, drug use, violence, and risky behavior.
- Provide saliva and blood throughout the lab visits.
- Complete 3 online questionnaires 4, 8, and 12 months after the lab visit, and complete a 1-hour interview after 12 months.



What are the Benefits & Risks?

- Receive a mental health evaluation and feedback as-needed
- Receive up to \$210 for completing the study
- Completing questionnaires and providing blood or saliva may involve minor discomfort

**Contact Dr. Kate Kuhlman
& her UCI research team!**

Email:

teenresilienceproject@gmail.com

Phone:

323-552-9256

Website:

www.teenresilience.org

